



WESTMOUNT FAMILY CENTRE

March 2018

1019 Viscount Road
 519-473-2825
 wfc@lcc.on.ca
 www.lcc.on.ca
 facebook.com/FamilyCentreWestmount

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Drop In Playgroup (birth to 6 years) 9:30-11:30 am</p>	<p>Drop In Playgroup (birth to 6 years) 9:30-11:30 am</p>	<p>Le Royaume des copains La ribambelle Drop in Playgroup for families who speak French (birth to 6 years) 9:30-11:30 am</p>	<p>Drop In Playgroup (birth to 6 years) 9:30-11:30 am</p>	<p>Drop In Playgroup (birth to 6 years) 9:30-11:30 am Children's Museum visits March 9 (closed March 30)</p>	<p>Drop In Playgroup Men Can Play Too (birth to 6 years) A playgroup for men and the children in their lives. 9:30-11:30 am (closed March 31)</p>
<p>Infant Growth/Development & Breastfeeding Drop in Middlesex London Health Unit 1:30-3:30 pm (closed April 2)</p>	<p>Drop In Playgroup (All ages welcome) 1:00-7:00 pm</p> <p>"Talk in Clinics" Craigwood Youth Services and Vanier Children's Services (children and youth from infancy to 18 years of age) 2:00-5:00 pm</p>		<p>Drop In Playgroup (birth to 6 years) 1:00-3:00 pm</p>	<p>Infant Drop In Playgroup (birth to 12 months) 1:00-3:00 pm (Librarian visits March 9 & Health nurse visits March 16) (closed March 30)</p>	<p>London Down Syndrome Association Playgroup 9:30-11:00 am March 10</p>

Visit the Family Centre reception for your connection to: parenting & early learning; early childhood education; public health & wellness; recreation, sports & leisure; referrals, resources, information & awareness.

Our Reception Hours: Monday, Wednesday to Friday 9:00 am to 5:00 pm; Tuesday 9:00 am to 7:00 pm; Saturday 9:00 am to 12:00 pm. For playroom and program hours see calendar above.

- **We will be closed March 30 to April 2**



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Community Playgroups

Monday	Tuesday	Wednesday	Friday
Holy Family Church 777 Valetta St. 9:30 to 11:30 a.m. (closed April 2)	Elmwood Presbyterian Church 111 Elmwood Ave. E. 9:30 to 11:30 a.m.	Byron Library 1295 Commissioners Rd. W. 9:30 to 11:30 a.m. (closed March 14)	Medway Community Centre 119 Sherwood Forest Square 9:30 to 11:30 am (closed March 30)

FAMILY FUN NIGHT!!



Where: Westmount Family Centre
 1019 Viscount Road

When: April 4th, 5:00-7:00pm

What: Pizza, Veggies and Fruit (donations welcome)

Fun: Yoga, meditation, wellness activities

Parent Learning Opportunities-Free!

For information on upcoming workshops, please go to http://www.familyinfo.ca/event_listings.asp. Register online at <http://OEYCLondon.eventbrite.com> or call 519-473-2825 for information.

Craigwood Youth Services & Vanier Children's Services Drop in to our walk in clinic and speak to the experts. For children and youth from infancy to age 18 and their families. No appointment necessary. Please call the Crisis Intake Team if you need immediate assistance 519-433-0334

Program cancellations are posted on our website (www.lcc.on.ca) and listed on our voice mail system at 519-473-2825 ext. 106.

Pour le service en français, appeler le numéro [519-473-2825](tel:519-473-2825) et appuyez sur le 110 pour laisser un message.

Families Helping Families

Donations of canned goods for our Westmount neighbourhood food cupboard are gratefully accepted in reception. We also have the Diaper Bank Bin if you would like to donate any new, unused diapers. Any size!