



# WESTMOUNT FAMILY CENTRE

## June 2018

1019 Viscount Road  
 519-473-2825  
 wfc@lcc.on.ca  
 www.lcc.on.ca  
 facebook.com/FamilyCentreWestmount

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday  |
|--|---|--|--|--|---|
| <p><b>Drop In Playgroup</b><br/>(birth to 6 years)<br/>9:30-11:30 am</p> <p><b>Infant Growth/Development &amp; Breastfeeding Drop in</b><br/>Middlesex London Health Unit<br/>1:30-3:30 pm</p> | <p><b>Drop In Playgroup</b><br/>(birth to 6 years)<br/>9:30-11:30 am</p> <p><b>Drop In Playgroup</b><br/>(All ages welcome)<br/>1:00-7:00 pm</p> <p><b>“Talk in Clinics”</b><br/>Craigwood Youth Services and Vanier Children’s Services<br/>(children and youth from infancy to 18 years of age)<br/>2:00-5:00 pm</p> <p><b>Steps to Employment and Post-Secondary Education (STEPS)</b><br/>South London Neighborhood Resource Centre<br/>3:30- 5:30 pm<br/>Ages 14-19<br/>(registered)</p> | <p>Le Royaume des copains<br/>La ribambelle</p> <p><b>Drop in</b><br/>Playgroup for families who speak French<br/>(birth to 6 years)<br/>9:30-11:30 am</p> | <p><b>Drop In Playgroup</b><br/>(birth to 6 years)<br/>9:30-11:30 am</p> <p><b>Drop In Playgroup</b><br/>(birth to 6 years)<br/>1:00-3:00 pm</p> <p><b>Mutual Aid Parenting Program</b><br/>Merrymount Family Support and Crisis Centre<br/>1:00-3:00 pm</p> | <p><b>Drop In Playgroup</b><br/>(birth to 6 years)<br/>9:30-11:30 am</p> <p><b>KIDS FIRST DAY June 8th</b><br/>(see back of calendar for descriptor)</p> <p><b>Infant Drop In Playgroup</b><br/>(birth to 12 months)<br/>1:00-3:00 pm<br/><b>Middlesex London Health Unit visits June 15</b></p> | <p><b>Drop In Playgroup Men Can Play Too</b><br/>(birth to 6 years)<br/>A playgroup for men and the children in their lives.<br/>9:30-11:30 am<br/><b>(Father’s Day Breakfast June 6)</b><br/><b>Closed June 30</b></p> <p><b>London Down Syndrome Association</b><br/>Playgroup<br/>9:30-11:00 am<br/>June 9</p> |

**Visit the Family Centre reception for your connection to:** parenting & early learning; early childhood education; public health & wellness; recreation, sports & leisure; referrals, resources, information & awareness.

**Our Reception Hours:** Monday, Wednesday to Friday 9:00 am to 5:00 pm; Tuesday 9:00 am to 7:00 pm; Saturday 9:00 am to 12:00 pm. For playroom and program hours see calendar above.  
**We will be closed June 30 - July 2 for the Canada Day Holiday**



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### Community Playgroups

| Monday   | Tuesday   | Wednesday   | Friday   |
|--|---|---|--|
| <b>Holy Family Church</b><br>777 Valetta St.<br>9:30 to 11:30 am<br><b>Closed June 18 &amp; 25</b> | <b>Elmwood Presbyterian Church</b><br>111 Elmwood Ave. E.<br>9:30 to 11:30 am<br><b>Closed June 19 &amp; 26</b> | <b>Byron Library</b><br>1295 Commissioners Rd. W.<br>9:30 to 11:30 am<br><b>Closed June 20 &amp; 27</b> | <b>Medway Community Centre</b><br>119 Sherwood Forest Square<br>9:30 to 11:30 am<br><b>Closed June 22 &amp; 29</b> |

#### Parent Learning Opportunities-Free! Now all online!

[www.EarlyONLondon.eventbrite.ca](http://www.EarlyONLondon.eventbrite.ca)

or call 519-473-2825 for more information.

#### Just Beginnings

Thursdays June 7-28

10:00 to 11:30 am

#### Active Play with Your Older Baby

Monday, June 18

1:00 to 2:00 pm

#### Cooking with Kids

Wednesday, June 13

5:30 to 7:00 pm



**When:** June 8<sup>th</sup>.

**Time:** 10:00-11:30 am

**Where:** Jean Vanier School

**What:** Outdoor Play Day for the Whole Family!  
 (In the gym in case of rain)

<http://investinginchildren.on.ca/kids-first-day/> to see what else is happening in the city on Kids First Day!

**Steps to Employment and Post-Secondary Education” (STEPS)** – South London Neighbourhood Resource Centre  
 This registered program is for 1-on-1 Mentorship. Youth can meet with a college or university student to receive mentorship and assistance in areas such as resume writing, job searching, applying to college and university, and more. Open to youth currently attending high school.  
 Contact and to register: Samantha Gordon, Youth Mentorship Coordinator, [sgordon@slnrc.ca](mailto:sgordon@slnrc.ca)

Program cancellations are posted on our website ([www.lcc.on.ca](http://www.lcc.on.ca)) and listed on our voice mail system at 519-473-2825 ext. 106.

Pour le service en français, appeler le numéro [519-473-2825](tel:519-473-2825) et appuyez sur le 110 pour laisser un message.

Families Helping Families  
 Donations of canned goods for our Westmount neighbourhood food cupboard are gratefully accepted in reception. We also have the Diaper Bank Bin if you would like to donate any new, unused diapers. Any size!