



# WESTMOUNT FAMILY CENTRE

## February and March 2019

1019 Viscount Road  
 519-473-2825  
 wfc@lcc.on.ca  
 www.lcc.on.ca  
 facebook.com/FamilyCentreWestmount

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Playgroup</b>            9:30 to 11:30 am  <b>Closed February 18</b></p> <p><b>Healthy Start Infant Drop-In</b>            1:30 to 3:30 pm            Middlesex London Health Unit  <b>Closed February 18</b></p>	<p><b>Playgroup</b>            9:30 to 11:30 am</p> <p><b>Playgroup</b>            3:30 to 7:00 pm</p> <p><b>“Talk in Clinics”</b>            2:00 to 5:00 pm            Craigwood Youth Services and Vanier Children’s Services (children and youth from infancy to 18 years of age)</p>	<p><b>French Playgroup</b>            9:30 to 11:30 am            Le Royaume des copains            La Ribambelle</p>	<p><b>Playgroup</b>            9:30 to 11:30 am</p> <p><b>Mutual Aid Parenting Program</b>            Merrymount Family Support and Crisis Centre            1:00 to 3:00 pm</p>	<p><b>Playgroup</b>            9:30 to 11:30 am</p> <p><b>Infant Playgroup</b>            1:00 to 3:00 pm            (birth to 12 months)</p>	<p><b>Playgroup</b>            Men Can Play, Too            A playgroup for men and the children in their lives.            9:30 to 11:30 am  <b>Closed February 16</b></p> <p><b>London Down Syndrome Association Playgroup</b>            February 9 and March 9            9:30 to 11:00 am</p>

**NEW!** Join us twice a week at the Bostwick Community Centre for a playgroup for parents/caregivers and their children!  
 See back of calendar for more details.

**Our Reception Hours:** Monday, Wednesday to Friday 9:00 am to 5:00 pm; Tuesday 9:00 am to 7:00 pm; Saturday 9:00 am to 12:00 pm. For playroom and program hours see calendar above. **We will be closed February 16-18 for the Family Day weekend.**



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### Community Playgroups

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Holy Family Church</b> 777 Valetta St. 9:30 to 11:30 am <b>Closed February 18</b>	<b>Bostwick Community Centre</b> 501 Southdale Road West 10:00 am to noon <b>Starts February 5<sup>th</sup></b>  <b>Elmwood Presbyterian Church</b> 111 Elmwood Ave. E. 9:30 to 11:30 am	<b>Byron Library</b> 1295 Commissioners Rd. W 9:30 to 11:30 am <b>Closed March 13</b>	<b>Bostwick Community Centre</b> 501 Southdale Road West 10:00 am to noon <b>Starts February 7<sup>th</sup></b>	<b>Medway Community Centre</b> 119 Sherwood Forest Square 9:30 to 11:30 am

### Parent Learning Opportunities-Free! Now all online!

To register: [www.EarlyONLondon.eventbrite.ca](http://www.EarlyONLondon.eventbrite.ca)  
 Or call 519-473-2825 for more information.

**Stretch and Grow**  
 (babies under 6 months)  
 Monday March 4<sup>th</sup> – 1:00 to 2:00 pm

**Sing, Read, Play and Love**  
 (birth to one year)  
 Monday March 25<sup>th</sup>- 1:00 to 2:00 pm

**Vanier Children's Services**  
**Parent and Infant Relationship Clinic (PAIR Clinic) Drop In**  
**February 22<sup>nd</sup> and March 29<sup>th</sup>.**  
 Support and consultation around your baby's emotional development. For an appointment call the Family Centre at 519-473-2825

Program cancellations are posted on our website ([www.lcc.on.ca](http://www.lcc.on.ca)) and listed on our voice mail system at 519-473-2825 ext. 106.

Pour le service en français, appeler le numéro [519-473-2825](tel:519-473-2825) et appuyez sur le 110 pour laisser un message.

Visit the Family Centre reception for your connection to: parenting & early learning; early childhood education; public health & wellness; recreation, sports & leisure; referrals, resources, information & awareness.

### **Families Helping Families**

Donations of canned goods for our Westmount neighbourhood food cupboard are gratefully accepted in reception. We also have the Diaper Bank Bin if you would like to donate any new, unused diapers. Any size!