

Monday Lucan 10:00 – 11:30 am	Tuesday Komoka 10:00 – 11:30 am	Wednesday		Thursday Ilderton 9:30 – 11:00 am	Friday Thorndale 10:00 – 11:00 am
		Ilderton 9:30-11:00	Dorchester 10:00-11:30		
	1	2	2	3	4
	Play & Learn	No Play & Learn Due to field trip	No Play & Learn Due to field trip	Play & Learn	Play & Learn
7 Play & Learn Cooking with Kids “Ice Cream in a Bag”	8 Play & Learn Cooking with Kids “Ice Cream in a Bag”	9 Play & Learn Cooking with Kids “Ice Cream in a Bag”	PHN Dorchester 9 Play & Learn	10 Play & Learn Cooking with Kids “Ice Cream in a Bag”	11 Play & Learn Cooking with Kids “Ice Cream in a Bag”
14 Play & Learn	15 Play & Learn	16 Play & Learn	16 Play & Learn Cooking with Kids “Ice Cream in a Bag”	17 Play & Learn	18 Play & Learn
21 Closed for Memorial Day	22 Play & Learn Super Simple Science “Rainbow Brew”	23 Play & Learn Super Simple Science “Rainbow Brew”	PHN Dorchester 23 Play & Learn	24 Play & Learn Super Simple Science “Rainbow Brew”	25 Play & Learn Super Simple Science “Rainbow Brew”
28 Play & Learn Super Simple Science “Rainbow Brew”	29 Play & Learn	30 Play & Learn	30 Play & Learn Super Simple Science “Rainbow Brew”	31 Play & Learn	

BABY TIME, MULTIPLE BIRTH & SPECIAL PROGRAMING

Monday-Ilderton Multiple Birth Family Play 10:00 – 11:30 am	Tuesday-Ilderton Baby Time 9:30—11:30 am	Wed.	Thursday-Lucan Baby Time 9:30—11:30 am	Fri	Sat.
	PHN in Ilderton 1 Topic: “Separation Anxiety & Fears”	Lucan 2 Country Gardens field trip	3 Topic: “Separation Anxiety & Fears”	4	5
7 Topic: “Fish Mobile”	8 Topic: “Fish Mobile”	9	PHN in Lucan 10 Topic: “Fish Mobile”	11	12
14 Topic: “Summer Baby Care”	PHN in Ilderton 15 Topic: “Summer Baby Care”	16	17 Topic: “Summer Baby Care”	18	19
21 Closed for Memorial Day	22 Topic: “Fun Things to do With Your Child”	23	PHN in Lucan 24 Topic: “Fun Things to do With Your Child”	25	26
28 Topic: “Fathers are Parents Too”	PHN in Ilderton 29 Topic: “Fathers are Parents Too”	30	31 Topic: “Fathers are Parents Too”		

Services

Weekly Drop-in Playgroup: "Play & Learn"

Drop in for playtime with your child; in our program geared to 0 - 6 yr. olds. Our ECE staff provides a play environment of learning centres, creative and circle time.

LUCAN: Monday - 10:00-11:30 am

Lucan Public Library, 270 Main St., Lucan

KOMOKA: Tuesday—10:00-11:30 am

Komoka Library—Komoka Wellness Centre 1 Tunks Ln.

ILDERTON: Wednesday & Thursday- 9:30-11:00 am

Basement of Ilderton Library, 40 Heritage Dr. Ilderton

THORNDALE: Friday - 10:00-11:00 am

Thorndale Library, 21790 Fairview Rd., Thorndale

DORCHESTER: Wednesday - 10:00-11:30am

Dorchester Library, 2123 Dorchester Rd., Dorchester

"Baby Time"

Parents/caregivers and children are welcome to attend "Baby Time" every Tuesday in Ilderton and Thursday in Lucan, 9:30 - 11:30. The drop in program is geared to babies 0 - 12 months and siblings are welcome to attend. Meet other parents and share in parenting topics, brain games, singing and circle time with your children.

Discussion Topics:

<u>Ilderton:</u>	<u>Lucan:</u>	<u>Topic:</u>
May 1 st	May 3 rd	Separation Anxiety & Fears
May 8 th	May 10 th	Fish Mobile
May 15 th	May 17 th	Summer Baby Care
May 22 nd	May 24 th	Fun Things to do with Your Child
May 29 th	May 31 st	Fathers are Parents Too



"Infant Growth/Development & Breastfeeding Drop In"

Program runs during Baby Time on specified weeks. A Public Health Nurse is available to speak to parents and provide breastfeeding assistance and support.

9:30 - 11:30 am

Thursdays in Lucan

Middlesex EarlyON Child and Family Centre Ilderton Site



40 Heritage Dr. Ilderton
(Basement of Ilderton Library)

Office Hours: Tuesdays & Thursdays
9:00 am - 4:00 pm

Phone 519-666-3227

For our most up to date calendar please visit our website at
www.pcfk.on.ca

--- May Programming ---

"Kidshop: Cooking with Kids"

A variety of special activities and experiences for children (aged 18 months to six years) to enjoy.

This program is held during our regular "Play and Learn". Register at the playgroup.

This month: "Ice Cream in a Bag"

LUCAN: May 7th

KOMOKA: May 8th

ILDERTON: May 9th & 10th

THORNDALE: May 11th

DORCHESTER: May 16th

Warning: Products may contain nuts!



"Kidshop: Super Simple Science"

This program lets your child aged 3-6 years' experience the wonder of Science. They will develop new skills and learn hands on, about the world around them.

Register at the playgroup.

This month: "Rainbow Brew"

KOMOKA: May 22nd

ILDERTON: May 23rd & 24th

THORNDALE: May 25th

LUCAN: May 28th

DORCHESTER: May 30th



Coming Events...May

- iSee Vision Screening
- Lucan Country Gardens field trip- May 2
- Preparing for Parenthood – May 15th

Coming Events...June

- West Nile & Lyme Disease Demo – all sites
- Outdoor Classroom Ilderton Site

Coming Events...July

- Move, Sleep, Sit; Raising Healthy Children Workshop
- Outdoor Classroom Ilderton Site

See our Spring Newsletter for more information on these upcoming events

Program Cancellations due to unforeseen circumstances will be posted on our Facebook page and at www.pcfk.on.ca