

As of January 8, 2018	Monday/lundi	Tuesday/mardi	Wednesday/mercredi	Thursday/jeudi	Friday/vendredi	Saturday/samedi
Drop-In Playgroups at Childreach, Toy Lending and Teach & Play**	9:30 am to 3:30 pm Focus on Families	9:30 am to 7:30 pm	9:30 am to 3:30 pm	9:30 am to 7:30 pm	9:30 am to 12 noon	9:30 am to 2 pm
Drop-In Playgroup at CC Carrothers PS EarlyON Child & Family Centre	9 am to 1 pm	9 am to 1 pm	9 am to 1 pm	9 am to 1 pm	9 am to 1 pm	
Drop-In Playgroup at Ealing PS EarlyON Child & Family Centre	9 am to 1 pm	9 am to 1 pm	9 am to 1 pm	9 am to 1 pm	9 am to 1 pm	
Drop-In Playgroup at Knollwood PS EarlyON Child & Family Centre	8:45 am to 12:45 pm	8:45 am to 12:45 pm	8:45 am to 12:45 pm	8:45 am to 12:45 pm	8:45 am to 12:45 pm	
Drop-In Playgroups in the Community	9:30 to 11:30 am at Carling Heights Optimist CC 10 am to 12 noon – Beginning with Baby (for infant 0-12 months) at Family Centre Carling-Thames 10:00 to 11:30 am Stroller Walk & Talk at White Oaks Mall (H&M entrance)	9 to 11:30 am at Family Centre Carling-Thames 10 to 11:30 am Beginning with Baby (for infant 0 -12 months) at Cherryhill Library	9:30 to 11:30 am at St. Jude's Church 9:30 to 11:30 am at Lambeth Community Centre 10 to 11:30 am Beginning with Toddler (for toddlers 1 - 2.5 yrs) at Beacock Library	9:30 am to 12 noon & 1 to 3 pm at Beacock Library 10 to 11:30 am Curious Connections at Central Library 10 am – 12 noon Wild Child Outdoor Playgroup Westminster Ponds Meet at 944 Western Counties Rd. 1:30 to 3 pm Beginning with Baby (for infants 0 -12 months) at Beacock Library	9:30 to 11:30 am at Cherryhill Library	10 am to 12 noon Wild Child Outdoor Playgroup Medway Forest Meet at Museum of Archaeology, 1600 Attawandaron Rd.

****Teach & Play** is a toy lending library and resource program for children and youth who have an intellectual disability. It is a Community Living London program funded by the United Way. Email teaches@cll.on.ca for more information.

For information about other EarlyON Child & Family Centre locations in London, please visit www.familyinfo.ca.

Focus on Families

For families who enjoy a quiet playroom. Meet other families, chat with us about your child, and play together! **Mondays, 9:30 am – 3:30 pm**

Tunes with Tots

Gather around to sing songs and enjoy music with your little ones. **Tuesdays, 10:30 am**

Les P'tits fous du Francais

Groupe de jeux pour les familles francophones et francophiles ayant des enfants âgés entre 0 et 6 ans. **Thursdays, 9:30 – 11:30 am**

WILD CHILD Outdoor Playgroup

In a forested area, families will climb trees, get muddy, find bugs, dig holes, be tired, and be happy. Dress for the weather. Bring a snack. **See times & locations on the reverse.**

Young Parents Group

Are you a parent 23 years old or younger? Connect with other **parents**, enhance your parenting skills, play with your children, and share a snack. Bus tickets are available. **Mondays, 4 – 6 pm**

Café Mom**

Put your feet up, relax and connect with other moms in a child-free, supportive environment. Refreshments will be served.

Wednesdays, Jan. 10 & 24, Feb. 7 & 21, 10 – 11:30 am

Special dates for moms of twins & triplets – Dec. 20, Jan. 31 & Feb. 28, 10 – 11:30 am

Little Counters*

Learn how to incorporate numeracy into children's playtime using songs, games and stories. For parents and their children ages 12 – 39 months.

Saturday, January 13 – February 3, 10 – 10:45 am

Infant Massage*

Parents – bring your non-crawling babies and practice the techniques and special touches of infant massage to build a special connection.

Fridays, January 5 – 26, 1:30 – 2:30 pm

Fridays, February 2 -23, 10:30 – 11:30 am at Boyle Community Centre

Fridays, February 2 -23, 2 – 3 pm

Getting Ready for Kindergarten*

This session will help both you and your child make the transition to school in the fall. Learn about the kindergarten curriculum and how to get your child prepared for school. Please bring a snack in the containers that your child will be taking to school.

Saturday, January 20, 10 am – 12 pm OR

Saturday, February 24, 10 am – 12 pm

Raising Respectful Children**

This course offers proactive and positive steps to raising respectful, engaged, and grateful children. **Tuesday, January 23, 6 – 8 pm**

Positive Guidance for Toddlers**

Explore ways to set limits, discipline, and problem solve while using techniques that are both kind and firm as a means of teaching your toddlers.

Wednesday, January 17, 10 am - 12 pm

Baby Salsa*

Join us for fun and exercise learning to salsa dance with your baby (0 - 12 months). Please bring an infant carrier for this class and wear comfortable clothing.

Fridays, January 26 to February 9, 10 – 11 am

Love Languages for Families – 4 part series**

Parents of tots to teens, join us as we discuss the different love languages in families, learn to recognize empty love tank behaviours, and to use all five love languages to build effective relationships and enhance communication in your home. **Tuesdays, Feb. 6 -27, 6 – 8 pm**

Mindful Parenting **

We will discuss practical ways to de-stress and find calm instead of chaos. Drawing on the latest research, learn how mindfulness can help your family feel happier, calmer and less anxious. **Wednesday, February 21, 6 – 8 pm.**

Workshops for Early Years Professionals

Time Outs are Out* – For Home Childcare Providers

Learn alongside other home childcare providers and gain a deeper understanding of why time outs are no longer an effective or recommended form of discipline. Explore alternative positive discipline that will help stop unwanted behaviour and encourage cooperation in a group setting. **Tuesday, January 16, 6:30 – 8:30 pm**

Loose Parts & Literature*

Join us as we take an interactive book, and build upon the interests of children in the creating of story extensions using loose parts. Participants are asked to read the book with their group of children, observe and reflect on their interests and bring their thoughts to the workshop.

We will spark creativity and innovative thinking to create a provocation using loose parts and the resources available in our Maker Space (Workroom). **COST: \$15**

Thursday, January 18, 6:30 to 8 pm – If a Rock Could Sing by Leslie McGuirk

Thursday, February 15, 6:30 to 8 pm – Swirl by Swirl by Joyce Sidman

* **Registration required.**

** **Registration required & child care offered.**

Register online at www.childreach.on.ca, by phone 519-434-3644 or in person.

Soup & Chili Lunch

It's ALL-YOU-CAN-EAT for a \$10 donation to Childreach!

Pop in for a bite & bring your friends! No registration required.

Friday, February 16, 11:30 am – 1 pm

