

JUST BEGINNING AC

A program for first time moms with a baby 0-6 months developed in partnership with the Middlesex London Health Unit. Bring baby to a relaxed and supportive setting. Topics include growth and development, sleep and crying, infant nutrition, safety, and community resources.



Upcoming dates:

Thursday, July 6-27

10:00 to 11:30 am

Whiteoaks Family Centre
565 Bradly Ave

Coming soon! Our flyer with Just Beginning programs between July and December 2017.

- A** Adult program
- AC** Adult/Child program
-  Registration is required
-  Childminding is provided

Questions About Parenting?

Contact us for information, resources, and supports.

OEYC London Fanshawe

at Family Centre Argyle
1990 Royal Cres
London, ON N5V 1N8
519-455-2791

oeyclondonfanshawe@merrymount.on.ca
www.merrymount.on.ca

OEYC London North Centre

at Childreach
265 Maitland St
London, ON N6B 2Y3
519-434-3644
info@childreach.on.ca
www.childreach.on.ca

OEYC London West

at Family Centre Westmount
1019 Viscount Rd
London, ON N6K 1H5
519-473-2825
oeyc.lw@lcc.on.ca
www.lcc.on.ca

Pour les services en français,
contactez **la Ribambelle**
au 519-472-2334
www.laribambelle.ca



Ontario Early Years Programs in London

Workshops for Parents & Caregivers



June 2017

All programs and workshops are
FREE

Register Online at
www.OEYCLondon.eventbrite.com

You can also register by
phone or in person

Just Beginning A👶

A program for first time moms with a baby 0-6 months developed in partnership with the Middlesex London Health Unit. Bring baby to a relaxed and supportive setting. Topics include growth and development, sleep and crying, infant nutrition, safety, and community resources.

Fridays, June 2 – 23

10:00 to 11:30 am

Childreach, 265 Maitland St

Infant Massage AC👶

Parents – bring your non-crawling babies and practice the techniques & special touches of infant massage to build a special connection.

Fridays, June 2 – 23

1:30 to 2:30 pm

or

Tuesdays, June 6 - 17

10:00 to 11:00 pm

Childreach, 265 Maitland St

Little Counters AC👶

Learn how to incorporate numeracy into children's playtime through the use of songs, games and stories. For parents & their children ages 12 – 39 months.

Saturdays, June 3 – 24

10:00 to 10:45 am

Childreach, 265 Maitland St

Positive Mealtime A👶😊

Mealtime is an opportunity for the family to come together for food, conversation and fun. Learn healthy food ideas, creative ways to introduce new foods as well as tips for establishing positive interactions at mealtime. June 12 the whole family will prepare and enjoy a meal together!

Mondays, June 5 & 12

6:00 to 7:30 pm

Family Centre Argyle, 1990 Royal Cres.

👶 Register online at
www.OEYCLondon.eventbrite.com

Music for the Very Young AC👶😊

A music class for children 18 months to 3 years and the people who love them! Come with your child to explore simple rhythm instruments, your voice, and your imagination.

Mondays, June 5 - 26

10:00 to 10:45 am

Childreach, 265 Maitland St

Stroller Walk and Talk AC👶😊

Parents, bring your babies, wear comfortable clothes and join us for a weekly stroller walk.

Mondays, June 5 - 26

10:00 to 11:30 am

Gibbons Parks

Infant Massage AC👶

Bring your non-crawling babies and practice the techniques and special touches of infant massage to build a special connection with your baby.

Tuesdays, June 6 - 27

1:30 to 3:00 pm

Family Centre Argyle, 1990 Royal Cres.

Stretch and Grow in the Park A👶

Discover fun and simple physical activities for you and your baby under 6 months. Sessions include a facilitated group time, discussion, and time for exploration of planned activities. Topics include baby sensory development, baby massage and moving to music.

Tuesdays, June 6 - 27

1:00 to 2:00 pm

Reservoir Park

869 Commissioners Rd. W

Cruisers AC👶

An interactive program for families with mobile toddlers up to 20 months. Join us for an informal discussion on this exciting developmental stage. Songs, rhymes and finger plays included all while the children are free to do what cruisers do best... move!

Wednesdays, June 7-21

10:00 to 11:00am

Family Centre Argyle, 1990 Royal Cres.

Time Outs are Out! A👶😊

Explore alternative positive methods of discipline that will help stop unwanted behaviour and encourage cooperation.

Monday, June 12

10:00 am to 12:00 pm

Childreach, 265 Maitland St

Café Mom AC👶😊

Put your feet up, relax and connect with other moms in a supportive, child-free environment. Call or email Charity at cborn@childreach.on.ca to register, childminding is limited.

Wednesdays, June 7 & 14

10:00 to 11:30 am

Special times for moms of twins and triplets

Wednesday, June 28

10:00 to 11:03 am

Childreach, 265 Maitland St

Little Counters AC👶

Learn how to incorporate numeracy into children's playtime through the use of songs, games and stories. For parents and their children ages 12 to 39 months.

Thursdays, June 8-29

10:00 to 10:45 am

Westmount Family Centre, 1019 Viscount Road

See reverse panel for more programs 