



Child and Family Centre

Just Beginning: The First Six Months Schedule for January to June 2019

Just Beginning: The First Six Months is a **free** 4-week program for first time moms with a baby 0-6 months of age. Bring your baby to a relaxed and supportive setting, meet other new moms, share the “ups and downs” of being a new mom, and ask questions.
Class size is limited, so please register early!

January
Tuesdays, January 8-29
10:00 to 11:30 am
Childreach
265 Maitland St.

Register Online:
www.EarlyONLondon.eventbrite.com
Or Call 519-434-3644

*Facilitated by Childreach

January
Mondays, Jan 21-Feb 11
9:30 to 11:00 am
Middlesex EarlyON
Family Centre—Glencoe
123 McKellar St.

Register by Phone:
519-245-8879 OR Email
abeauchamp@nlchildcare.ca

February
Tuesdays, February 5-26
1:30 -3:00 pm
Family Centre Fanshawe
1800 Cedarhollow Blvd.

Register Online:
www.EarlyONLondon.eventbrite.com
Or Call 519-473-2825

*Facilitated by London Children’s Connection

February
Fridays, February 8-March 1
1:30 to 3:00 pm
Family Centre Argyle
1990 Royal Cres.

Register Online:
www.EarlyONLondon.eventbrite.com
Or Call 519-455-2791

*Facilitated by Merrymount

March
Fridays, March 8-29
10:00 to 11:30 am
Childreach
265 Maitland St.

Register Online:
www.EarlyONLondon.eventbrite.com
Or Call 519-434-3644

*Facilitated by Childreach

March
Thursdays, Mar 21-Apr 11
10:30 am to Noon
Middlesex EarlyON
Family Centre—Strathroy
80 Frank St.

Register by Phone:
519-245-8879 OR Email
abeauchamp@nlchildcare.ca

April
Wednesdays, April 3-24
10:00 -11:30 am
Family Centre Westmount
1019 Viscount Rd.

Register Online:
www.EarlyONLondon.eventbrite.com
Or Call 519-473-2825

*Facilitated by London Children’s Connection

May
Fridays, May 3-24
10:00 to 11:30 am
Childreach
265 Maitland St.

Register Online:
www.EarlyONLondon.eventbrite.com
Or Call 519-455-2791

*Facilitated by Childreach

June
Fridays, June 7-28
10:00 – 11:30 am
Family Centre White Oaks
565 Bradley Ave.

Register Online:
www.EarlyONLondon.eventbrite.com
Or Call 519-473-2825

*Facilitated by London Children’s Connection

June
Fridays, June 7-28
1:30 to 3:00 pm
Family Centre Argyle
1990 Royal Cres.

Register Online:
www.EarlyONLondon.eventbrite.com
Or Call 519-455-2791

*Facilitated by Merrymount

*Indicates group is facilitated by the lead agency for the EarlyON Child and Family Centres in London.

Topics May Include:

- Sleep and Crying
- Adjustment to Parenthood
- Choosing Childcare
- Infant Feeding
- Infant Development
- Information On the Net
- The Postpartum Period