




May 2018

| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|---|---|---------|--|-----------|---|----------|---|--------|---|
| Family Centre Argyle Hours Monday 9:00 - 5:00pm Tuesday 9:00 - 5:00pm Wednesday 9:00 - 6:00pm Thursday 9:00 - 5:00pm Friday 9:00 -12:00pm | | 1 | M.A.P.P. 9:30-12:00am Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm | 2 | Little Counters 10:00 to 10:45am TALK-IN Clinic 2:00-6:00pm | 3 | Breastfeeding Drop-in 9:00—11:00am Breastfeeding Peer Support 12:00-1:00 NO BABY FUN TVNELP 1:50 to 3:10pm | 4 | ABC en Français- La Ribambelle 9:30-11:30 Kid's in the Garden 10:00-11:00pm Just Beginning 1:30 to 3:00 pm |
| 7 | Mom & Baby Salsa 10:00 to 11:00 am Spectrum- Baker's Dozen 6:00 -8:00pm | 8 | M.A.P.P. 9:30-12:00am Singing Through the Years 10:00-11:00 Dearness Home -710 Southdale Road East Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm | 9 | Little Counters 10:00 to 10:45am Food Families 1:00 -3:00pm TALK-IN Clinic 2:00-6:00pm | 10 | Breastfeeding Drop-in -9:00-11:00am Breastfeeding Peer Support 12:00-1:00 French Baby Fun with La Ribambelle 1:30-2:30pm | 11 | Just Beginning 1:30 to 3:00 pm |
| 14 | Mom & Baby Salsa 10:00 to 11:00 am Spectrum- Preteen Cuisine 6:00-7:30 | 15 | M.A.P.P. 9:30-12:00 Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm | 16 | Little Counters 10:00 to 10:45am TALK-IN Clinic 2:00-6:00pm | 17 | Breastfeeding Drop-in 9:00—11:00am Breastfeeding Peer Support 12:00-1:00 Baby Fun 1:30-2:30pm | 18 | ABC en Français- La Ribambelle 9:30-11:30 Just Beginning 1:30 to 3:00 pm |
| 21 |  CENTRE CLOSED VICTORIA DAY | 22 | M.A.P.P. 9:30-12:00am Singing Through the Years 10:00-11:00 Dearness Home -710 Southdale Road East Smart Beginnings 1:30-3:00pm | 23 | Little Counters 10:00 to 10:45am Food Families 1:00 -3:00pm TALK-IN Clinic 2:00-6:00pm | 24 | Breastfeeding Drop-in 9:00—11:00am Breastfeeding Peer Support 12:00-1:00 Baby Fun 1:30-2:30pm | 25 | Just Beginning 1:30 to 3:00 pm |
| 28 | Spectrum- Preteen Cuisine 6:00-7:30 Breastfeeding Peer Support 6:30-7:30 | 29 | M.A.P.P. 9:30-12:00am Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm | 30 | Food Families 1:00 -3:00pm TALK-IN Clinic 2:00-6:00pm | 31 | Breastfeeding Drop-in 9:00—11:00am Breastfeeding Peer Support 12:00-1:00 Baby Fun 1:30-2:30pm | | |

What's Happening...

Program Closures– All programs will be closed on Monday, May 21, 2018 for Victoria Day.

TVNELP– Get Ready for School Program- Children starting school at Lord Nelson in September and their parents are invited for a free, fun introduction to school program, Thursday, May - 1:50 to 3:10pm. This session will be held in the Family Center Argyle and two Kindergarten teachers will be on site to provide information and answer questions while children get to explore the playroom. A healthy, light snack will be provided for the children. For more information call 519-452-8320 ext. 34070

EARLY YEARS PROGRAMS

Drop In Playgroups– A daily interactive play based program for children birth to 6 years of age, their parents and caregivers.

Early ON Playroom Hours

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|-----------|----------------|
| Monday | 12:00 - 4:30pm |
| Tuesday | 9:30 - 4:30pm |
| Wednesday | 9:30 - 4:30pm |
| Thursday | 9:30 - 4:30pm |
| Friday | 9:30 -12:00pm |



Circle Time (Tuesday to Friday) at 11:30am.

Baby Fun- Informal discussions on child development and parenting strategies discussed each week, while learning songs and rhymes with baby.

ABC en Français with La Ribambelle A French play based program for all. French families: come discover how to integrate literacy in your everyday life! All other families: learn new French words and enjoy a French circle.

Community Drop-in Playgroups 9:30-11:30

Interactive play based programs for children, their parents and caregivers that are offered at various locations.

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| Monday | Family Centre Fanshawe 1800 Cedarhollow Blvd. |
| Tuesday | Family Centre Westminster 690 Osgoode Dr. |
| Wednesday | Summerside Community Church 1447 Commissioners Rd. E |
| Thursday | Family Centre Westminster 690 Osgoode Dr. |
| Friday | Stronach Community Centre 1221 Sandford St. |

Singing Through the Years- An Intergenerational Music Celebration– The 2nd and 4th Tuesday of the month. *Held at the Dearness Home, 710 Southdale Road.*

SCHOOL AGE PROGRAMS

“TALK-IN” CLINICS- by Craigwood Youth Services

For youth 12-18 and/or their families concerned about substance abuse, bullying, anxiety, depression and general well-being. Private and confidential. No charge.

PARENT PROGRAMS

M.A.P.P. - Mutual Aid Parenting Program- A Drop-in program providing support for parents of children of all ages.

Smart Beginnings-For parents that have just completed the Smart Start for Babies prenatal program, this program supports parents as they adjust to life with a new baby. To find out if this program is right for you call 519-455-2791.

Breast Feeding Peer Support Group-A safe place for all breastfeeding women to connect with other moms. Facilitated by a Public Health Nurse.

OTHER SERVICES AVAILABLE

Smart Start for Babies– For more information and to register, please call **519-646-2961**.

tykeTALK- Available by appointment only. For more information call **519-663-0273**.

Infant Hearing Screening Program– Screening available by appointment only. For more information call **519-663-5317 ext. 2703**

REGISTERED WORKSHOPS

Register on line at www.OEYCLondon.eventbrite.com

Little Counters- Parents – learn how to incorporate numeracy into children’s playtime through the use of songs, games and stories. For children ages 12 to 39 months.

Kids in the Garden- Join us for this hands-on workshop where together parents and children will discover the many teaching opportunities available when gardening. Each family will get to create and take home their very own container garden.

Mom & Baby Salsa Join us for a 2 week series of fun and exercise learning to salsa dance with your baby (0-12 months). Please bring an infant carrier for this class.

Just Beginning A program for first time moms with a baby 0-6 months of age. Bring baby to a relaxed and supportive setting, meet other new moms, ask questions and share the ‘ups’ and ‘downs’ of being a new mom. Talk about babies, how they grow, learn and play. Topics include growth and development, sleep and crying, infant nutrition, safety and community resources.

Family Centre Argyle
your neighbourhood connection



PLEASE REMEMBER...NO SCENTS MAKES GOOD SENSE!



For more information on what’s happening at Family Centre Argyle and in the Argyle neighbourhood, check out our **Family Centre Argyle Facebook page**.