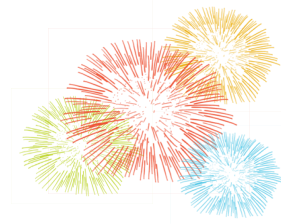




**FAMILY CENTRE ARGYLE**  
 1990 Royal Crescent, London, Ontario N5V 1N8  
 PHONE: 519-455-2791 FAX: 519-455-0185



## July 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2  <b>Centre Closed For Canada Day!</b>	3 Stir it Up 1:30-3:00pm	4 TALK-IN Clinic 2:00-6:00pm Summer Ukulele Club 3:30-5:00pm	5 Healthy Start Infant Drop-in 9:30-1130 Baby Fun 1:30-2:30pm	6 ABC en Français- La Ribambelle 9:30-11:30 Chemistry Kids– Egg-spiriments & Explosions 10:00 –11:00am-  Just Beginning - 130—330pm
9 Cruisers 10:00 to 11:00 am	10 Music & Bonding 10:00-11:00 Stir it Up 1:30-3:00pm Smart Start 6:00 to 7:30pm	11 Family iCook 9:30 to 11:30 am TALK-IN Clinic 2:00-6:00pm Summer Ukulele Club 3:30-5:00pm	12 Healthy Start Infant Drop-in 9:30-1130 French Baby Fun with La Ribambelle 1:30-2:30pm	13 Chemistry Kids– Wonders of Water 10:00 –11:00am  Just Beginning - 130-330pm
16 Cruisers 10:00 to 11:00 am	17 Music & Bonding 10:00-11:00 Stir it Up 1:30-3:00pm Smart Start 6:00 to 7:30pm	18 TALK-IN Clinic 2:00-6:00pm Summer Ukulele Club 3:30-5:00pm	19 Healthy Start Infant Drop-in 9:30-1130 Baby Fun 1:30-2:30pm	20 ABC en Français- La Ribambelle 9:30-11:30 Chemistry Kids– Bath Bombs 10:00 –11:00am Just Beginning—130-330pm
23 Cruisers 10:00 to 11:00 am	24 Stir it Up 1:30-3:00pm Smart Start 6:00 to 7:30pm	25 TALK-IN Clinic 2:00-6:00pm Summer Ukulele Club 3:30-5:00pm	26 Healthy Start Infant Drop-in 9:30-1130 Baby Fun 1:30-2:30pm	27 Chemistry Kids– Fun with Food 10:00 –11:00am  Just Beginning—130-330pm
30	31 Stir it Up 1:30-3:00pm Smart Start 6:00 to 7:30pm			<b>Family Centre Argyle Hours</b> Monday 9:00 - 5:00pm Tuesday 9:00 - 5:00pm Wednesday 9:00 - 6:00pm Thursday 9:00 - 5:00pm Friday 9:00 -12:00pm

## What's Happening...

### EARLY YEARS PROGRAMS

**Drop In Playgroups**– A daily interactive play based program for children birth to 6 years of age, their parents and caregivers.

#### Early ON Playroom Hours

Monday	9:30 - 1:00pm
Tuesday	9:30 - 4:30pm
Wednesday	9:30 - 4:30pm
Thursday	9:30 - 4:30pm
Friday	9:30 -12:00pm



**Circle Time** (Monday to Friday) at 11:15am.

**Baby Fun**- Informal discussions on child development and parenting strategies discussed each week, while learning songs and rhymes with baby.

**ABC en Français with La Ribambelle** A French play based program for all. French families: come discover how to integrate literacy in your everyday life! All other families: learn new French words and enjoy a French circle.

#### Community Drop-in Playgroups 9:30-11:30

Interactive play based programs for children, their parents and caregivers that are offered at various locations.

**Monday** Family Centre Fanshawe  
1800 Cedarhollow Blvd.  
**Running throughout the summer**

**Thursday** Family Centre Westminster  
690 Osgoode Dr.  
**Running throughout the summer**

### SCHOOL AGE PROGRAMS

**Chemistry Kids** A 4 week, hands-on workshop for children 6-12 years of age. Learn about chemistry and science

through creative and fun experiments. Explore different forms of science all while having fun! Register for all 4 weeks or just the weeks your child is interested in. Register at [www.FamilyCentreArgyle.eventbrite.com](http://www.FamilyCentreArgyle.eventbrite.com)

#### Summer Ukulele Club– offered by LUSO

A chance for youth in the Argyle neighbourhood to kick-back, hangout, and work on learning to play the ukulele together! No experience required. Ukuleles provided to participants to use at program. For youth ages 11-14- Limited Spots Available. **Register with Meagan - 519-452-1466**

#### “TALK-IN” CLINICS- by Craigwood Youth Services

For youth 12-18 and/or their families concerned about substance abuse, bullying, anxiety, depression and general well-being. Private and confidential. No charge.

### PARENT PROGRAMS

**Smart Beginnings**-For parents that have just completed the Smart Start for Babies prenatal program, this program supports parents as they adjust to life with a new baby. To find out if this program is right for you call 519-455-2791.

**Healthy Start Infant Drop-in**- Families with infants **0 to 6 months of age** are welcome to visit the drop-in to receive in-person support from a Public Health Nurse. Drop-ins are free of charge and no Health Card or appointment is necessary.

### OTHER SERVICES AVAILABLE

**Smart Start for Babies**– For more information and to register, please call **519-646-2961**.

**tykeTALK**- Available by appointment only. For more information call **519-663-0273**.

**Infant Hearing Screening Program**– Screening available by appointment only. For more information call **519-663-5317 ext. 2703**

### REGISTERED WORKSHOPS

Register on line at [www.EarlyONLondon.eventbrite.com](http://www.EarlyONLondon.eventbrite.com)

#### Cruisers

An interactive program for families with mobile toddlers up to 20 months. Join us for an informal discussion on this exciting developmental stage. Songs, rhymes and finger plays included all while the children are free to do what cruisers do best...move!

#### Stir it Up!

A fun, hands on 6 week interactive cooking program for children ages 3-6 years with a parent/caregiver. Children will learn: good nutrition habits, cooking skills & healthy recipes. This program requires one on one child parent involvement. Register on line at [www.FamilyCentreArgyle.eventbrite.com](http://www.FamilyCentreArgyle.eventbrite.com)

#### Music and Bonding

Play, laugh & love: learn ways to incorporate music into learning. An interactive workshop on the role that music can play within the family unit and how to strengthen the bond. Recommended for parents and children 6 – 12 years of age.

#### Family iCook

An interactive cooking demonstration that introduces new recipes, mainly created from local, seasonal ingredients. Share in the preparation and tasting of simple, easy to make recipes. This session will focus on breakfast!

**Just Beginning** A program for first time moms with a baby 0-6 months of age. Bring baby to a relaxed and supportive setting, met other new moms, ask questions and share the ‘ups’ and ‘downs’ of being a new mom. Talk about babies, how they grow, learn and play. Topics include growth and development, sleep and crying, infant nutrition, safety and community resources

Family Centre Argyle  
your neighbourhood connection



PLEASE REMEMBER...NO SCENTS MAKES GOOD SENSE!



For more information on what's happening at Family Centre Argyle and in the Argyle neighbourhood, check out our **Family Centre Argyle** Facebook page.