



FAMILY CENTRE ARGYLE
 1990 Royal Crescent, London, Ontario N5V 1N8
 PHONE: 519-455-2791 FAX: 519-455-0185



October 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 SPECTRUM-Breakfast Club 6:00-7:30pm	2	3 TALK-IN 2:00-6:00pm LUSO Peer Group 3:30-5:00	4 Breastfeeding Drop-in 9:30-11:30am Baby Fun 1:30-2:30	5 ABC en Français- La Ribambelle 9:30-11:30 Infant Massage 10:00-11:00	6 Closed for the STAT weekend
8 Happy Thanksgiving Centre Closed	9 M.A.P.P. 9:30am to noon Singing Through the Years 10:00 to 11:00- Dearness Home - 710 Southdale Road East Smart Beginnings 1:30-3:00	10 TALK-IN Clinic 2:00-6:00pm LUSO Peer Group 3:30-5:00	11 Breastfeeding Drop-in 9:30-11:30 French Baby Fun- La Ribambelle 1:30-2:30	12 Infant Massage 10:00-11:00	13 Playroom Open 9:30-3:00 SPECTRUM- Babysitting Course 10:00-3:00
15 Cruisers 10:00-11:00	16 M.A.P.P. 9:30am to noon Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	17 TALK-IN Clinic 2:00-6:00pm LUSO Peer Group 3:30-5:00	18 Breastfeeding Drop-in 9:30-11:30 Baby Fun 1:30-2:30 Food Families 6:00-8:00pm	19 ABC en Français- La Ribambelle 9:30-11:30 Infant Massage 10:00-11:00	20 Playroom Open 9:30-3:00 SPECTRUM- Babysitting Course 10:00-3:00
22 Cruisers 10:00-11:00	23 M.A.P.P. 9:30am to noon Singing Through the Years 10:00 to 11:00- Dearness Home - 710 Southdale Road East Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	24 TALK-IN Clinic 2:00-6:00pm LUSO Peer Group 3:30-5:00	25 Breastfeeding Drop-in 9:30-11:30am Baby Fun 1:30-2:30pm Food Families 6:00-8:00pm	26 Infant Massage 10:00-11:00	27 Playroom Open 9:30-3:00 Hallowe'en Spooktacular 10:00-2:00 SPECTRUM- Halloween Crafts 10:00-11:30 SPECTRUM- Halloween Treats 11:30-1:00
29 Cruisers 10:00-11:00	30 M.A.P.P. 9:30am to noon Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	31 TALK-IN Clinic 2:00-6:00pm LUSO Peer Group 3:30-5:00			Family Centre Argyle Hours Monday 9:00 - 5:00pm Tuesday 9:00 - 5:00pm Wednesday 9:00 - 6:00pm Thursday 9:00 - 5:00pm Friday 9:00 -12:00pm Saturday 9:00- 3:00pm

What's Happening...

Program Closure– The Family Centre will be closed on Saturday, October 6th and Monday, October 8th for Thanksgiving.

Open Saturdays– Family Centre Argyle will be open on Saturdays from 9:30 to 3:00pm from September 15 to November 24th 2018.

Hallowe'en Spooktacular– Join us for Family Fun activities. Watch for more details!

EARLY YEARS PROGRAMS

Drop In Playgroups– A daily interactive play based program for children birth to 6 years of age, their parents and caregivers.

EarlyON Playroom Hours

Monday	9:30 - 12:00pm
Tuesday	9:30 - 4:30pm
Wednesday	9:30 - 4:30pm
Thursday	9:30 - 4:30pm
Friday	9:30 -12:00pm
Saturday	9:30 –3:00pm



Circle Time (Monday to Friday) at 11:30am.

Baby Fun- Informal discussions on child development and parenting strategies discussed each week, while learning songs and rhymes with baby.

ABC en Français with La Ribambelle A French play based program for all. French families: come discover how to integrate literacy in your everyday life! All other families: learn new French words and enjoy a French circle.

Community Drop-in Playgroups 9:30-11:30

Interactive play based programs for children, their parents and caregivers offered at various locations.

Monday Family Centre Fanshawe
1800 Cedarhollow Blvd.

Tuesday Family Centre Westminster
690 Osgoode Dr.

Wednesday Summerside Community Church
1447 Commissioners Rd. E

Thursday Family Centre Westminster
690 Osgoode Dr.

Friday Stronach Community Centre
1221 Sandford St.

Singing Through the Years- An Intergenerational Music Celebration– The 2nd and 4th Tuesday of the month. *Held at the Dearness Home, 710 Southdale Road.*

SCHOOL AGE PROGRAMS

“TALK-IN” CLINICS- by Craigwood Youth Services

For youth 12-18 and/or their families concerned about substance abuse, bullying, anxiety, depression and general well-being. Private and confidential. No charge.

LUSO Drop-in Peer Group A chance for youth in the Argyle neighbourhood to kickback, hangout and participate in a variety of fun activities! For youth ages 11-14- **For more information call Meagan - 519-452-1466**

SPECTRUM Babysitting Course (age 11-16years)

Pick up some helpful hints on accident prevention, child behaviour, home safety and emergency procedures. This program is a recognized course of the Canada Safety Council. Students will receive a manual and certificate upon successful completion of the course and exam.

Register through the City of London's SPECTRUM programs. (Code 307104)

SPECTRUM Halloween Crafts (age 6-12 years)

Come out for some Hallowe'en themed arts and crafts activities to get you in the spirit for the big day! **Register through the City of London's SPECTRUM programs. (Code 308685)**

SPECTRUM– Halloween Treats (age 6-12 years)

Get into the Hallowe'en spirit and create some delicious treats. **Register through the City of London's SPECTRUM**

programs. (Code 308687)

PARENT PROGRAMS

Smart Beginnings-For parents that have just completed the Smart Start for Babies prenatal program, this program supports parents as they adjust to life with a new baby. To find out if this program is right for you call 519-455-2791.

M.A.P.P. - Mutual Aid Parenting Program- A Drop-in program providing support for parents of children of all ages.

OTHER SERVICES AVAILABLE

Smart Start for Babies– For more information and to register, please call 519-646-2961.

tykeTALK- Available by appointment only. For more information call **519-663-0273** .

Infant Hearing Screening Program– Available by appointment only. For more information call **519-663-5317 ext. 2703**

REGISTERED WORKSHOPS

Register on line at www.OEYCLondon.eventbrite.com

Infant Massage Bring your non-crawling babies and practice nurturing touches and communication through massage to build a special connection with your baby.

Cruisers An interactive program for families with mobile toddlers up to 20 months. Join us for an informal discussion on this exciting developmental stage. Songs, rhymes and finger plays included all while the children are free to do what cruisers do best...move!

Food Families A 6 session skill building program in which a group of local families come together to shop, cook, learn, grow, save, and celebrate food! Increase your families buying power. Share your knowledge and learn new skills from other participants. Register on line at www.familycentreatargyle.eventbrite.com

Family Centre Argyle
your neighbourhood connection



PLEASE REMEMBER...NO SCENTS MAKES GOOD SENSE!



For more information on what's happening at Family Centre Argyle and in the Argyle neighbourhood, check out our **Family Centre Argyle Facebook page**.