



FAMILY CENTRE ARGYLE
 1990 Royal Crescent, London, Ontario N5Y 1N8
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September 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Family Centre Argyle Hours Monday 9:00 - 5:00pm Tuesday 9:00 - 6:00pm Wednesday 9:00 - 6:00pm Thursday 9:00 - 5:00pm Friday 9:00 - 12:30pm				
4	5	6	7	8
Centre Closed Labour Day	M.A.P.P. 9:30 to 12:00	Little Counters 10:00 to 10:45 TALK-IN Clinic 2:00 to 6:00	Breastfeeding Drop-in 9:00 to 11:00 Breastfeeding Peer Support 12:00-1:00 Baby Fun 130 to 230	Salsa for Mom & Baby 10:00 to 11:00
11	12	13	14	15
	M.A.P.P. 9:30 to 12:00 Singing Through the Years 10:00 -11:00 Dearness Home -710 Southdale Road East Cooking Program 1:00 to 3:00 Smart Start 6:00 to 7:30pm	Little Counters 10:00 to 10:45 TALK-IN Clinic 2:00 to 6:00	Breastfeeding Drop-in 9:00 to 11:00 Breastfeeding Peer Support 12:00 to 1:00 Baby Fun 130 to 230	
18	19	20	21	22
Family Drop-in 4:30 to 7:00pm Evening Breastfeeding Peer Support 6:30-7:30pm	M.A.P.P. 9:30 to 12:00 Smart Start 6:00 to 7:30pm	Little Counters 10:00 to 10:45 TALK-IN Clinic 2:00 to 6:00 iCook 5:30 to 7:30	Breastfeeding Drop-in 9:00 to 11:00 Breastfeeding Peer Support 12:00-1:00 Baby Fun 130 to 230	Salsa for Mom & Baby 10:00 to 11:00
25	26	27	28	29
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What's Happening...

Labour Day The Family Centre will be closed Monday, September 4 for Labour Day.

Community Drop-in Playgroups will return the first week of September at 9:30 am.

EARLY YEARS PROGRAMS

Drop In Playgroups— An interactive play based program for children birth to 6 years of age and their parents and caregivers that runs daily.

OEYC Playroom Hours

Monday	12:00 - 4:30pm
Tuesday	9:30 - 4:30pm
Wednesday	9:30 - 4:30pm
Thursday	9:30 - 4:30pm
Friday	9:30 -12:30pm



Circle Time Daily at 11:15am Circle time is a great way to help children with language, math and social development. Join us daily for songs, finger plays and stories.

Community Drop-in Playgroups 9:30-11:30— Interactive play based programs for children, their parents and caregivers that are offered at various locations through out the OEYC London-Fanshawe area.

Monday Siloam United Church
1240 Fanshawe Park Rd.

Tuesday Westminster Optimist Centre
650 Osgoode Dr.

Wednesday Summerside Community Church
1447 Commissioners Rd. E

Thursday Westminster Optimist Centre
650 Osgoode Dr.

Friday Stronach Community Centre
1221 Sandford St.

Baby Fun- Learn simple songs, rhymes and finger-plays, while your baby enjoys a variety of age appropriate activities. Informal discussions on child development and parenting strategies discussed each week.

Singing Through the Years- An Intergenerational Music Celebration- An interactive, drop-in music program for children 0-6 with their parents or caregivers and the senior residents of the **Dearness Home. Held at 710 Southdale Road at Dearness Home.**

SCHOOL AGE PROGRAMS

"TALK-IN" CLINICS- by Craigwood Youth Services
For youth 12-18 and/or their families concerned about substance abuse, bullying, anxiety, depression and general well-being. Private and confidential. No charge.

Family Drop-In An interactive play based program with games, crafts and activities for older children that the whole family can enjoy.

Drop Zone A drop in program for parents/caregivers and their older children. Geared for children 6-12 years of age we will have a variety crafts, games and activities that older children will enjoy.

PARENT PROGRAMS

M.A.P.P. - Mutual Aid Parenting Program- A Drop-in program providing support for parents of children of all ages. MAPP is a self help group where people with a shared concern, worry or experience come together.

MAPP parents get help, give help and learn to help each other and themselves.

Veggies and Fruit Cooking Program— A monthly, hands on workshop that will cover topics including: Food Safety, Reading Labels, Food & Your Mood, Cooking with Kids and more. Participants will also prepare simple, low cost recipes each month. Offered in partnership with Middlesex-London Health Unit. **Register on line at www.familycentreargyle.eventbrite.com**

Infant Growth/Development & Breastfeeding Drop-ins
Speak with a Public Health Nurse about your infant (0-6 months old). Drop-ins are free and no appointment is required.

Breast Feeding Peer Support Group-A safe place for all breastfeeding women to connect with other moms. Facilitated by a Public Health Nurse.

REGISTERED WORKSHOP

Register on line at www.OEYCLondon.eventbrite.com

Little Counters- Parents – learn how to incorporate numeracy into children's playtime through the use of songs, games and stories. For children ages 12 to 39 months.

Salsa for Mom & Baby- Join us for a 3 week series of fun and exercise learning to salsa dance with your baby (0-12months) Please bring an infant carrier for this class.

Family iCook—An interactive cooking demonstration that introduces new recipes, mainly created from local, seasonal ingredients. Share in the preparation and tasting of simple, easy to make recipes. This session will feature soup and biscuits!

Family Centre Argyle
your neighbourhood connection



PLEASE REMEMBER...NO SCENTS MAKES GOOD SENSE!



For more information on what's happening at Family Centre Argyle and in the Argyle neighbourhood, check out our **Family Centre Argyle Facebook page.**