



EarlyON Child and Family Centre  
 7 Morrison Drive, St. Thomas Ontario N5R4S5  
 519-631-9496



January 2019

Main Centre

Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm	9:00am-12:00pm
Play to Learn (0-6yrs) Beat Cabin Fever	Play to Learn (0-6yrs) Terrific Tuesdays	Play to Learn (0-6yrs) Winter Wonderland	Play to Learn (0-6yrs) Active Thursdays	Play to Learn (0-6yrs) Friendship Friday	Play to Learn (0-6yrs) Family Fun Day!
1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	1:00pm-4:00pm	Closed in afternoon	1:00pm-4:00pm
Play to Learn (0-6yrs)	Play to Learn (0-6yrs)  Baby Time 1:00pm-3:00pm	Play to Learn (0-6yrs)	Play to Learn (0-6yrs)	<b>CLOSED</b>	Play to Learn (0-6yrs)

**Christmas Holiday Hours: Closed Saturday December 22 to Tuesday January 1.**

**Open: Wednesday Jan 2 & Thursday Jan 3 -9:00am to 12:00pm & 1:00pm-4:00pm,  
 Friday Jan 4 - 9:00am to 12:00pm, Saturday Jan 5 - 9:00am to 12:00pm.**

IF YOU WOULD LIKE TO RECEIVE OUR PROGRAM GUIDE/CALENDARS ELECTRONICALLY, PLEASE SEND AN EMAIL TO THE FOLLOWING EMAIL ADDRESS AND YOU WILL BE ADDED TO OUR MONTHLY CONTACT LIST.

[a.eveland@communitylivingelgin.com](mailto:a.eveland@communitylivingelgin.com)

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PHONE: 519-631-9496

**REMINDER**  
Our playground is still open! Please dress your child in appropriate clothing so that they can fully enjoy our outdoor program during your visit!  
Please bring indoor shoes or non-skid slippers to wear inside and keep your toesies cozy!

## PLAY TO LEARN

EarlyON Child and Family Centres offer a variety of activities for families/caregivers with children ages 0-6.

Activity areas include dramatic play, crafts, blocks, books, puzzles, sensory and fine motor. Weather permitting, we will also have outdoor activities.

Snack is available for the children - (due to allergies -please do not bring food to our main centre)

Circle time is offered at the end of the program. This is a wonderful opportunity for you and your child to explore and play together. You can learn and play with your child, meet people and get advice.



## INFANT MASSAGE AT EARLYON MAIN CENTRE

Wednesdays January 16, 23, 30, February 6  
1:30pm to 3:00pm

Enjoy the many benefits of Infant Massage in this 4 week program designed to teach parents of infants (pre-crawlers) a warm, nurturing, bonding experience through touch.

Space is limited. Please call to register -519-631-9496

## Baby Led Weaning Workshop

Thursday February 7 - 1:30pm to 3:00pm at EarlyON Main Centre

Are you interested in finding out more information about baby led weaning? Learn why baby-led weaning is effective, when and how to start solid foods safely, what foods to offer and how to adapt your family meals for your baby, plus practical tips and the right foods to offer to meet your baby's nutritional needs.

## Our Morning Programs at Main Centre

Monday Mornings - Beat Cabin Fever - Come join us for Toddler approved boredom busters.

Tuesday Mornings - Terrific Tuesdays - Join us for some Tuesday Fun! Imagine, Experience, Explore and Create Together!

Wednesday Mornings - Winter Wonderland - Soak up the season and learn from nature with these toddler approved winter activities.

Thursday Morning - Active Thursdays - get your energy out with some busy fun!

Friday Mornings - Friendship Fridays - Nurture connections, explore feelings and help your child become a confident problem solver.

Saturdays - 'Your Saturday Family Place' - Come join us for Saturday play activities that promote early learning and build family relationships.



January 21-26 is Family Literacy Week at EarlyON.

We're celebrating all week at all locations.

Look for Nursery Rhyme activities at locations and find out how much fun and learning can be found in a simple rhyme.

## Baby Time Every Tuesday 1:00pm to 3:00pm

Join our friendly, relaxed atmosphere and together, you and your infant (birth to pre-walker) can participate in a variety of age-appropriate activities and meet other parents and share information, stories, and advice.



## Baby and Me Well Baby

First Tuesday of the month 1:00pm to 2:30pm Tuesday January 8

Baby and Me Well Baby clinics provide an opportunity for to check in with a Public Health Nurse about your child. Topics include: Growth and Development, Parenting, Immunization, Postpartum Mood and more.

