



MAY

Family Centre Fox Hollow
 2435 Buroak Drive, London, ON, N6G 5B6
 519-474-0190

Mon	Tue	Wed	Thu	Fri
30 ABC en Français Play Group 9:30-11:30am	1 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm Leader in Training 6:30-8:30	2 Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm Home Work Help 3:45-5:00pm	3 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 4-6pm	4 Whitehills Play Group 9:30-11:30am Infant Massage 2:30-3:30
7 ABC en Français Play Group 9:30-11:30am	8 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm Leader in Training 6:30-8:30	9 Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm Home Work Help 3:45-5:00pm	10 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 4-6pm	11 Whitehills Play Group 9:30-11:30am Infant Massage (New Cycle begins) 2:30-3:30
14 ABC en Français Play Group 9:30-11:30am	15 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm Digital Literacy 3:30-5:00 Infant Hearing Program 1-5 pm (By appointment only) Leader in Training 6:30-8:30	16 Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm Home Work Help 3:45-5:00pm	17 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 4-6pm	18 Whitehills Play Group 9:30-11:30am Infant Massage 2:30-3:30
21 CLOSED VICTORIA DAY	22 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm Digital Literacy 3:30-5:00 Leader in Training 6:30-8:30	23 Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm Home Work Help 3:45-5:00pm	24 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 4-6pm Pajama Story Time 6:30-7:30pm	25 Whitehills Play Group 9:30-11:30am Infant Massage 2:30-3:30
28 ABC en Français Play Group 9:30-11:30am	29 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm Digital Literacy 3:30-5:00 Leader in Training 6:30-8:30	30 Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm Home Work Help 3:45-5:00pm Family Fun & Games Night 5:30-7:30pm	31 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 4-6pm	1 Whitehills Play Group 9:30-11:30am Infant Massage 2:30-3:30

PROGRAM DESCRIPTION

EARLY YEARS PROGRAMS

Whitehills Play Group

Early Years Play group for children 0-6 and their parents/caregivers. Children are encouraged to explore the room and experiment with interesting loose parts and open-ended materials. Promoting math and literacy through play.

Drop-in. No cost.

Childreach Playgroup

Playgroup for children 0-6 years old and their parents/caregivers. Early year's staff will provide a variety of activities for families to use to play, learn & grow together.

Drop-in. No cost.

ABC en Français Play Group (La Ribambelle)

Play group in French for children 0-6 years old and their parents/caregivers. Songs, stories, and games. Start learning French or practice the language.

Drop-in. No cost.

Infant Hearing Program

The Ontario Infant Hearing Program (IHP) is a province wide program of the Ministry of Children and Youth Services that screens babies for hearing loss soon after birth.

[By appointment only.](#)

Infant Massage (Childreach)

Parents bring your non-crawling baby, and learn the art of infant massage. Help your infant relax while stimulating baby's body systems. Practice techniques of special touch that build a connection between you and your baby. Please bring a receiving blanket that you don't mind getting a little olive oil on. **To register:** <https://www.eventbrite.ca/e/infant-massage-tickets-45517623437>

Pajama Story Time (Sherwood Library) Share stories, songs, rhymes and more with Joanna the Librarian. Children will learn sounds, letters and new words while developing a lifelong love of learning. Stay afterwards to play and meet other families. Ages birth to 6. Children must be accompanied by a caregiver. Drop-in. No cost.

YOUTH PROGRAMS

Homework Help (North West London Resource Centre)

Homework help for children in Grades 4-8 attending Sir Arthur Currie PS. **Register with Amanda by phone: 519-471-8444 or by email: aross@nwlrc.ca.** No cost.

Youth Arts & Crafts (Cross Cultural Learners Centre)

Expand your creativity and find the artist inside, express yourself through ART. Ages 13-18 Drop-in. No cost.

Leaders In Training (SPECTRUM)

First step in Leadership Training Continuum. Gain Leadership skills, Placement experience, and Volunteer hours! **Register at: www.london.ca/playyourway Class Barcode: 302337**

Cost: \$75 Age:13+ Duration:7 weeks

Digital Literacy (Boys & Girls Club)

An introduction to coding to **GIRLS** ages 12-15 in an interactive and hands on manner. Students will learn to code websites, apps, and much more through experiential learning opportunities in both group and individual settings. No previous experience needed! Laptops will be provided for onsite use! No cost.

To registration contact Megan Dykstra.

Email: mdykstra@bgclondon.ca or

call: 519-434-9115 ext. 254

FAMILY PROGRAMS

Family Fun & Games Night!

Looking for something Fun to do as a Family? Come and Play! Choose to challenge your family & friends to 'Minute to Win it' style games, board & life size games, sports, or enjoy free play in the Playroom! All ages are welcome! Popcorn and Games are provided!

No Cost.

OTHER PROGRAMS

Senior Fitness and Conversation Circle (Cross Cultural Learners Centre)

The program allows newcomer seniors to meet and socialize, learn English, meet new people, and engage in fitness activities. Guest speakers will visit the group periodically to give talks on issues that are relevant to seniors' lives.

Drop-in. No cost.