



White Oaks Family Centre

in White Oaks Public School

Spring 2017

565 Bradley Avenue

519-685-1400

Email: wofc@lcc.on.ca

facebook.com/FamilyCentreWhiteOaks

Early Years Programs

Drop In Playgroups - A play-based program for children and their parents/caregivers.

Mondays: **NEW!!!** Family Drop in *All ages welcome*

3:00 pm -5:30 pm

Wednesdays: *birth to 6 years old*

9:30 am -11:30 am

Infant Drop in 12 months and under

1:00 pm - 3:00 pm

Thursdays: *birth to 6 years old*

9:30 am -11:30 am

please note the Family Drop in has moved to Mondays.

Fridays: *birth to 6 years old*

9:30 am-11:30 am

ABC en Francais with La Ribambelle -the second Friday of every month - Join us to participate in French programming for all families during our drop in group.

Mon Poupon Me Parle avec la Ribambelle
(Drop in parenting program for Francophone families)

Activités pour les parents et leur bébé de 0 à 12 mois. Une animatrice répond à vos questions et à vos inquiétudes concernant le développement de votre enfant. Une halte-garderie est disponible pour les frères et sœurs plus âgés.

Mardis 10h00-12h00

School Age/Youth Programs

Youth Lead

This program is for high school students who wish to develop leadership skills. Youth will be part of a community based program and will receive volunteer hours. Contact Amanda at 519-686-8600 ext. 7386 or aross@slnrc.ca or Marcela Nieto at mnieto@ymcawo.ca.

Mondays 5:00 pm -7:00 pm

Exciting changes to our Talk in Clinic!

TALK IN CLINIC FOR EVERYONE! Everyone is welcome to come and have free 'in person' private counselling. No appointment necessary.

This new enhanced clinic is open to children and youth, parents, adults and seniors! Child minding is available. Partners providing counselling include Vanier Children's Services, Craigwood Youth Services, Family Services Thames Valley and WAYS

Thursdays 12:00 pm-6:00 pm

Last appointment at 5pm



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Specialized Support Services

Teach and Play- with Community Living London - A special lending library and resource program for children and youth who have an intellectual disability and their families. Come in to play during our regular drop in playgroup and meet the staff from Community Living London to learn more about this valuable resource.

Contact Patti at 519-434-3644 x 617

Every other Thursday 9:30 am - 11:30 am

Family Support Program with Community Living London -

Resources, advice and emotional support to families with children under the age of 18 who have an intellectual disability. To set up a time to meet, please contact CLL at 519-686-3000 and ask to speak with a Family Support Worker.

Thursdays 9:30 am - 11:30 am

Bridges Out of Poverty / Circles® - A community initiative coordinated by Goodwill Industries and the City of London that is comprised of caring and compassionate individuals who meet to share information, support, resources, meals, and friendship. To become a participant, volunteer ally or child minder contact Tina Lightfoot at 519-661-2500 ext. 2654 or tlightfo@london.ca

Wednesdays 6:00 pm - 8:00 pm

Resident Collaboration Team (RCT):

Do you have great program ideas?
Do you have skills & talents you want to share?
Do you want to get involved in the community?
Be a **leader** in the White Oaks neighbourhood!

Drop in Wednesdays from 1:00-3:00 pm or contact Erika Muñoz at emunoz@slnrc.ca to find out how to get involved! **We want to hear from you!**

Speak to a Community Connector

Community Connectors are professionals that can help you with questions about services available in your community.

You can call, e-mail, or drop-in:

Mondays	9:00 am-12:00 pm 3:00 pm -5:30 pm
Tuesdays	9:30 am-12:00 pm
Wednesdays	9:30 am-8:00 pm
Thursdays	9:30 am-6:00 pm
Fridays	9:30 am-11:30 am