


# White Oaks Family Centre

Summer 2018

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[www.lcc.on.ca](http://www.lcc.on.ca)



[facebook.com/familycentreWhiteOaks](https://facebook.com/familycentreWhiteOaks)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Drop In Playgroup</b> 9:30 -11:30 am</p> <p><b>Stroller Walk and Talk</b> 10:00 - 11:30 am At White Oaks Park, meet at Family Centre White Oaks</p> <p><b>Literacy Fun for Newcomers</b> 1:00-3:30 pm Ages 7-11 July 9<sup>th</sup> - July 30<sup>th</sup></p>	<p><b>Drop In Playgroup</b> 9:30 -11:30 am</p> <p><b>La Ribambelle</b> 10:00 am -12:00 pm Halte-programme pour parents Francophone <b>August 21<sup>st</sup> &amp; 28<sup>th</sup> only</b></p> <p><b>ISee Screening</b> Tuesday July 10<sup>th</sup> 9:30 -11:30 am Drop in for 18 month- 6 year olds testing for lazy eye (Amblyopia)</p>	<p><b>Drop In Playgroup</b> 9:30 -11:30 am</p> <p><b>Women's Wellness Series</b> 10:00 am -12:30 pm</p> <p><b>Drop In Infant Playgroup</b> (12 months and under) 1:00-3:00 pm</p> <p><b>Literacy Fun for Newcomers</b> 1:00 -3:30 pm Ages 7-11 July 4<sup>th</sup> - July 25<sup>th</sup></p> <p><b>Bridges Out of Poverty/Circles®</b> 6:00 - 8:00 pm</p>	<p><b>Drop In Playgroup</b> 9:30 -11:30 am</p> <p><i>The whole family is welcome to all our playgroups! Special School age activities (6+) are planned every Thursdays: 9:30-11:30 July 5- Aug 30th</i></p> <p><b>INSite Clinic</b> 12:00 - 6:00 pm (last appointment at 5:00pm)</p>	<p><b>Drop In Playgroup</b> <b>FRESH AIR FRIDAYS!!</b> 9:30-11:30 am</p> <p><b>Join us for an outdoor playgroup every Friday morning in the summer</b></p> 

***NEW P.A.I.R. Clinic***  
Parents and Infant Relationship Clinic with Vanier Children's services  
Support and consultation around your baby's emotional development.  
July 11<sup>th</sup> & Aug 8<sup>th</sup> 11:00-3:00  
ask us for more information!

See all program descriptions on the back of the page



# White Oaks Family Centre

## Program and Service Descriptions

### *Early Years Drop In*

Play based drop in for parents /caregivers and their children/Fresh Air Friday  
Outdoor Playgroup – bring a hat and sunscreen and join us outside!

**Please meet us outside at the East end of the school at the Reading Garden!**

### *Stroller Walk and Talk*

Parents, bring your babies, wear comfortable clothes and join us for a weekly stroller walk.  
Participants can register through Eventbrite or just drop-in. **Facilitated by Childreach Centre**

### *INSite Clinic* ‘TALK IN’ CLINIC FOR EVERYONE!

Everyone is welcome to come and have free in person/ private counselling. No appointment necessary. Clinic is open to children and youth, parents, adults and seniors! **Child minding is available.** Partners providing counselling include Vanier Children’s Services, Craigwood Youth Services, Family Services Thames Valley, WAYS and ANOVA. Thursdays 12:00 – 6:00 pm  
*Last appointment at 5:00 pm*

### *Bridges Out of Poverty / Circles®*

A community initiative coordinated by Goodwill Industries and the City of London that is comprised of caring and compassionate individuals who meet to share information, support, resources, meals, and friendship. To become a participant, volunteer ally or child minder contact Tina Lightfoot at 519-661-2500 ext. 2654 or tlightfo@london.ca  
Wednesdays 6:00 – 8:00 pm

### *Literacy Fun*

The Settlement Workers in Schools (SWIS) are offering a school age literacy program for 7-12 year olds on Mondays and Wednesdays 1:00 – 4:00 pm. An opportunity for newcomer students to practice their English this summer! To register or for more information please contact Hana at 519-702-1793 or Maymona at 519-694-6066.

### **NEW\*\*Parent and Infant Relationship Clinic (P.A.I.R.)**

Support and consultation around  
your baby’s emotional  
development.

**Wednesdays - July 11<sup>th</sup> and Aug 8<sup>th</sup>  
11:00 am - 3:00 pm**