



WESTMOUNT FAMILY CENTRE

October 2018

1019 Viscount Road
 519-473-2825
 wfc@lcc.on.ca
 www.lcc.on.ca
 facebook.com/FamilyCentreWestmount

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Playgroup 9:30 - 11:30 am (closed October 8)</p>	<p>Playgroup 9:30 - 11:30 am</p>	<p>French playgroup 9:30 - 11:30 am Le Royaume des copains La ribambelle</p>	<p>Playgroup 9:30 - 11:30 am</p>	<p>Playgroup 9:30 - 11:30 am</p>	<p>Playgroup 9:30 - 11:30 am Men Can Play Too A playgroup for men and the children in their lives. (closed October 6)</p>
<p>Healthy Start Infant Drop-Ins 1:30 - 3:30 pm Middlesex London Health Unit (closed October 8)</p>	<p>Playgroup 1:00 - 7:00 pm</p> <p>“Talk in Clinics” 2:00 - 5:00 pm Craigwood Youth Services and Vanier Children’s Services (children and youth from infancy to 18 years of age)</p>		<p>Playgroup 1:00 - 3:00 pm</p> <p>Mutual Aid Parenting Program 1:00 - 3:00 pm Merrymount Family Support and Crisis Centre</p>	<p>Infant Playgroup 1:00 - 3:00 pm (birth to 12 months)</p>	<p>London Down Syndrome Association Playgroup 9:30 – 11:00 am (October 20)</p>

Visit the Family Centre reception for your connection to: parenting & early learning; early childhood education; public health & wellness; recreation, sports & leisure; referrals, resources, information & awareness.

Our Reception Hours: Monday, Wednesday to Friday 9:00 am to 5:00 pm; Tuesday 9:00 am to 7:00 pm; Saturday 9:00 am to 12:00 pm. For playroom and program hours see calendar above.
We will be closed October 6th to 8th for Thanksgiving Weekend.



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Community Playgroups

Monday	Tuesday	Friday
Holy Family Church 777 Valetta St. 9:30 to 11:30 am Closed October 8, 22	Elmwood Presbyterian Church 111 Elmwood Ave. E. 9:30 to 11:30 am	Medway Community Centre 119 Sherwood Forest Square 9:30 to 11:30 am

Vanier Children’s Services
Parent and Infant Relationship
Clinic (PAIR Clinic) Drop In
October 26 11:00 am to 3:00 pm

Support and consultation around your baby’s emotional development. For an appointment call us at the Family Centre. 519-473-2825.



National Walk to School Day 2018
Wednesday, October 3, 2018

For more ways to become active visit: www.inmotion4life.ca

Parent Learning Opportunities-Free! Now all online!

To register: www.EarlyONLondon.eventbrite.ca
or call 519-473-2825 for more information.

Infant Massage
Tuesdays, October 2 - 30
10:00 to 11:30 am

Program cancellations are posted on our website (www.lcc.on.ca) and listed on our voice mail system at 519-473-2825 ext. 106.

Pour le service en français, appeler le numéro [519-473-2825](tel:519-473-2825) et appuyez sur le 110 pour laisser un message.

Families Helping Families
Donations of canned goods for our Westmount neighbourhood food cupboard are gratefully accepted in reception. We also have the Diaper Bank Bin if you would like to donate any new, unused diapers. Any size!