



# WESTMOUNT FAMILY CENTRE

## January and February 2018

1019 Viscount Road  
 519-473-2825  
 wfc@lcc.on.ca  
 www.lcc.on.ca  
 facebook.com/FamilyCentreWestmount

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Drop In</b> Playgroup (birth to 6 years) 9:30-11:30 am <b>(closed February 19)</b></p> <p><b>Infant Growth/Development &amp; Breastfeeding Drop in</b> Middlesex London Health Unit 1:30-3:30 pm <b>(closed February 19)</b></p>	<p><b>Drop In</b> Playgroup (birth to 6 years) 9:30-11:30 am</p> <p><b>Drop In</b> Playgroup (All ages welcome) 1:00-7:00 pm</p> <p><b>“Talk in Clinics”</b> Craigwood Youth Services and Vanier Children’s Services (children and youth from infancy to age18) 2:00-5:00 pm</p>	<p>Le Royaume des copains La ribambelle <b>Drop in</b> Playgroup for families who speak French (birth to 6 years) 9:30-11:30 am</p>	<p><b>Drop In</b> Playgroup (birth to 6 years) 9:30-11:30 am</p> <p><b>Drop In</b> Playgroup (birth to 6 years) 1:00-3:00 pm</p>	<p><b>Drop In</b> Playgroup (birth to 6 years) 9:30-11:30 am</p> <p><b>Infant Drop In</b> Playgroup (birth to 12 months) 1:00-3:00 pm <b>(Health nurse visits January 19, February 16 &amp; Librarian visits January 26, February 23)</b></p>	<p><b>Drop In</b> Playgroup Men Can Play Too (birth to 6 years) A playgroup for men and the children in their lives. 9:30-11:30 am <b>(closed January 6, February 17 )</b></p> <p><b>London Down Syndrome Association</b> Playgroup 9:30-11:00 am <b>January 13, February 10</b></p>

**Visit the Family Centre reception for your connection to:** parenting & early learning; early childhood education; public health & wellness; recreation, sports & leisure; referrals, resources, information & awareness.

**Our Reception Hours:** Monday, Wednesday to Friday 9:00 am to 5:00 pm; Tuesday 9:00 am to 7:00 pm; Saturday 9:00 am to 12:00 pm. For playroom and program hours see calendar above.

- **We will be closed February 17 & 19**



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### Community Playgroups

Monday	Tuesday	Wednesday	Friday
<b>Holy Family Church</b> 777 Valetta St. 9:30 to 11:30 a.m.	<b>Elmwood Presbyterian Church</b> 111 Elmwood Ave. E. 9:30 to 11:30 a.m.	<b>Byron Library</b> 1295 Commissioners Rd. W. 9:30 to 11:30 a.m.	<b>Medway Community Centre</b> 119 Sherwood Forest Square 9:30 to 11:30 am

\*Please bring indoor footwear.

### Parent Learning Opportunities-Free!

Ask us for our brochure for the current listings of our programs! For information on upcoming workshops, please go to [http://www.familyinfo.ca/event\\_listings.asp](http://www.familyinfo.ca/event_listings.asp). Register online at <http://OEYCLondon.eventbrite.com> or call 519-473-2825 for information.

**RUN! JUMP! PLAY! EVERYDAY!** Please be prepared to play outside with your children when you come to the Family Centre.  
Remember your:  
**Hat, Mitts, Warm Coats, Shoes/boots, Sunscreen, Water bottles**

**Craigwood Youth Services & Vanier Children's Services**  
Drop in to our walk in clinic and speak to the experts. For children and youth from infancy to age 18 and their families. No appointment necessary. Please call the Crisis Intake Team if you need immediate assistance 519-433-0334

Program cancellations are posted on our website ([www.lcc.on.ca](http://www.lcc.on.ca)) and listed on our voice mail system at 519-473-2825 ext. 106.

Pour le service en français, appeler le numéro [519-473-2825](tel:519-473-2825) et appuyez sur le 110 pour laisser un message.

Families Helping Families  
Donations of canned goods for our Westmount neighbourhood food cupboard are gratefully accepted in reception. We also have the Diaper Bank Bin if you would like to donate any new, unused diapers. Any size!