



September

Family Centre Fox Hollow
2435 Buroak Drive, London, ON, N6G 5B6
519-474-0190

Mon	Tue	Wed	Thu	Fri
<p>3</p> <p>CLOSED</p>	<p>4</p> <p>Whitehills Play Group 9:30-11:30am Parent & Infant Relationship Clinic 9:30-1:30pm</p>	<p>5</p> <p>Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm</p>	<p>6</p> <p>Childreach Play Group 9:30-11:30am</p>	<p>7</p> <p>Whitehills Play Group 9:30-11:30am</p>
<p>10</p> <p>ABC en Français Play Group 9:30-11:30am</p>	<p>11</p> <p>Whitehills Play Group 9:30-11:30am CCLC Intergenerational Fitness 10:00-12:00pm</p>	<p>12</p> <p>Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm CCLC Youth Sports & Rec 4-6pm</p>	<p>13</p> <p>Childreach Play Group 9:30-11:30am Merrymount Pop-in 9:30-11:30am</p>	<p>14</p> <p>Whitehills Play Group 9:30-11:30am Settlement Services 9:30-11:30am</p>
<p>17</p> <p>ABC en Français Play Group 9:30-11:30am</p>	<p>18</p> <p>Whitehills Play Group 9:30-11:30am Parent & Infant Relationship Clinic 9:30-1:30pm CCLC Intergenerational Fitness 10:00-12:00pm</p>	<p>19</p> <p>Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm CCLC Youth Sports & Rec 4-6pm</p>	<p>20</p> <p>Childreach Play Group 9:30-11:30am Merrymount Pop-in 9:30-11:30am</p>	<p>21</p> <p>Whitehills Play Group 9:30-11:30am Settlement Services 9:30-11:30am</p>
<p>24</p> <p>ABC en Français Play Group 9:30-11:30am</p>	<p>25</p> <p>Whitehills Play Group 9:30-11:30am CCLC Intergenerational Fitness 10:00-12:00pm Guitar Lessons 4:00-5:00pm</p>	<p>26</p> <p>Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm CCLC Youth Sports & Rec 4-6pm Café Mom 6:00-7:30pm Pajama Story Time 6:30-7:30pm</p>	<p>27</p> <p>Childreach Play Group 9:30-11:30am Merrymount Pop-in 9:30-11:30am</p>	<p>28</p> <p>Whitehills Play Group 9:30-11:30am Settlement Services 9:30-11:30am</p>

PROGRAM DESCRIPTION

EARLY YEARS PROGRAMS

Whitehills Play Group

Early Years Play group for children 0-6 and their parents/caregivers. Children are encouraged to explore the room and experiment with interesting loose parts and open-ended materials. Promoting math and literacy through play. Every Wednesday Playgroup is Outside! Come explore, discover and connect with nature! Drop-in. No cost.

Childreach Playgroup

Playgroup for children 0-6 years old and their parents/caregivers. Early year's staff will provide a variety of activities for families to use to play, learn & grow together. Drop-in. No cost.

ABC en Français Play Group (La Ribambelle) Play

group in French for children 0-6 years old and their parents/caregivers. Songs, stories, and games. Start learning French or practice the language. Drop-in. No cost.

Parent & Infant Relationship Clinic (Vanier)

Support, consultation, and information around your baby's emotional and brain development, stressful times, how to build a foundation for future healthy relationships! Drop-in or appointment. No cost.

Merrymount Parent Pop-in

A drop-in program where parents have the opportunity to socialize and meet other parents. Parent information sessions will be offered each week on topics of interest. There will also be displays of community resources and other information. Drop-in. No cost.

YOUTH PROGRAMS

Youth Sports & Recreation (Cross Cultural Learners Centre) New comer youth integration through sports. Practice skills, gain experience, learn about health, and meet other people in a fun way while being active!

Guitar Lessons (Investing in Children)

Come learn Guitar from a professional musician during this 12 week program! No guitar, no problem, we will lend you one! For grades 7-10. No cost. **Registration Required:** email: info@investinginchildren.on.ca, call:519.433.8996 or stop into the Family Centre!

FAMILY PROGRAMS

Intergenerational Fitness & Conversation (Cross Cultural Learners Centre) The program allows newcomers to socialize, practice English, meet new people, and engage in fitness activities. All ages welcome! Drop-in. No cost.

Pajama Story Time (Sherwood Library)

Share stories, songs, rhymes and more with Joanna the Librarian. Children will learn sounds, letters and new words while developing a lifelong love of learning. Stay afterwards to play and meet other families. Ages birth to 6. Children must be accompanied by a caregiver. Drop-in. No cost.

OTHER PROGRAMS

Settlement Support Services for Newcomers and Private Sponsors (Cross Cultural Learners Centre)

To welcome, support, and connect sponsors and newcomer families with information, services and resources in the community, answer questions, and assess needs. Drop-in. No cost.

Café Mom (Childreach)

Put your feet up, relax and connect with other moms in a child-free supportive environment! **Registration Required.** No Cost.