



APRIL

Family Centre Fox Hollow
 2435 Buroak Drive, London, ON, N6G 5B6
 519-474-0190

Mon	Tue	Wed	Thu	Fri
2 ABC en Français Play Group 9:30-11:30am	3 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm	4 Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm Home Work Help 3:45-5:00pm	5 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 5:30-7:30pm	6 Whitehills Play Group 9:30-11:30am Infant Massage 2:30-3:30
9 ABC en Français Play Group 9:30-11:30am	10 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm	11 Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm Home Work Help 3:45-5:00pm	12 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 5:30-7:30pm	13 Whitehills Play Group 9:30-11:30am Infant Massage 2:30-3:30
16 ABC en Français Play Group 9:30-11:30am	17 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm Infant Hearing Program 1-5 pm <i>(By appointment only)</i> Leader in Training 6:30-8:30 Parent Advocacy Workshop 6-8	18 Whitehills Play Group 9:30-11:30am Childreach Play Group 2:00-4:00pm Home Work Help 3:45-5:00pm	19 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 5:30-7:30pm	20 Whitehills Play Group 9:30-11:30am Infant Massage 2:30-3:30
23 ABC en Français Play Group 9:30-11:30am	24 Whitehills Play Group 9:30-11:30am Senior Fitness & Conversation 10:00-12:00pm Leader in Training 6:30-8:30 Parent Advocacy Workshop 6-8	25 Whitehills Play Group 9:30-11:30am Family Centre Fox Hollow Grand Opening Celebration and Family Fun Open house 3:30-5:00	26 Childreach Play Group 9:30-11:30am Youth Arts & Crafts 5:30-7:30pm Pajama Story Time 6:30-7:30pm	27 Whitehills Play Group 9:30-11:30am Infant Massage 2:30-3:30
30 ABC en Français Play Group 9:30-11:30am				

PROGRAM DESCRIPTION

EARLY YEARS PROGRAMS

Whitehills Play Group

Early Years Play group for children 0-6 and their parents/caregivers. Children are encouraged to explore the room and experiment with interesting loose parts and open-ended materials. Promoting math and literacy through play.
Drop-in. No cost.

Childreach Playgroup

Playgroup for children 0-6 years old and their parents/caregivers. Early year's staff will provide a variety of activities for families to use to play, learn & grow together.
Drop-in. No cost.

ABC en Français Play Group (La Ribambelle)

Play group in French for children 0-6 years old and their parents/caregivers. Songs, stories, and games. Start learning French or practice the language.
Drop-in. No cost.

Infant Hearing Program

The Ontario Infant Hearing Program (IHP) is a province wide program of the Ministry of Children and Youth Services that screens babies for hearing loss soon after birth.

[By appointment only.](#)

Infant Massage (Childreach)

Parents bring your non-crawling baby, and learn the art of infant massage. Help your infant relax while stimulating baby's body systems. Practice techniques of special touch that build a connection between you and your baby. Please bring a receiving blanket that you don't mind getting a little olive oil on. **To register:** <https://www.eventbrite.ca/e/infant-massage-tickets-44647274199>

Pajama Story Time (Sherwood Library) Share stories, songs, rhymes and more with Joanna the Librarian. Children will learn sounds, letters and new words while developing a lifelong love of learning. Stay afterwards to play and meet other families. Ages birth to 6. Children must be accompanied by a caregiver.
Drop-in. No cost.

YOUTH PROGRAMS

Homework Help (North West London Resource Centre) Homework help for children in Grades 4-8 attending Sir Arthur Currie PS. **Register with Amanda by phone: 519-471-8444 or by email: aross@nwlrc.ca.** No cost.

Youth Arts & Crafts (Cross Cultural Learners Centre) Expand your creativity and find the artist inside, express yourself through ART. Ages 13-18
Drop-in. No cost.

Leaders In Training (SPECTRUM)

First step in Leadership Training Continuum. Gain Leadership skills, Placement experience, and Volunteer hours! **Register at: www.london.ca/playyourway**
Class Barcode: 302337
Cost: \$75 Age:13+ Duration:7 weeks

FAMILY PROGRAMS

Family Centre Fox Hollow Grand Opening Celebration and Family Fun Open house! Come join Family Centre Fox Hollow, Sir Arthur Currie Elementary School, and Whitehills Childcare celebrate our Grand Opening! The Family Centre will have amazing games and activities provided by our community partners and the Playroom and Gym will also be open to families!

OTHER PROGRAMS

Senior Fitness and Conversation Circle (Cross Cultural Learners Centre) The program allows newcomers to meet and socialize, learn English, meet new people, and engage in fitness activities. Guest speakers will visit the group periodically to give talks on issues that are relevant to seniors' lives.
Drop-in. No cost.

Parent Advocacy Workshop (Learning Disabilities Association of London Region) The special education system in elementary and secondary school can be a complicated, difficult place to navigate. Come learn more to help advocate effectively for your child. Sessions will integrate effective communication, understanding school board policies and procedures and conflict resolution strategies. **To register contact Resource and Development and Parent Support Services at LDA by phone: 519-438-6213 x25 or email: support-group@ldalondon.ca**