

FAMILY CENTRE FANSHAWE

Winter 2019

1800 Cedarhollow Blvd. 519-452-0362 ffc@lcc.on.ca lcc.on.ca/ffc facebook.com/familycentrefanshawe

Monday	Tuesday	Wednesday	Thursday	Friday
EarlyON Playgroup Birth to 6 years 9:30 – 11:30 am Did you know?	EarlyON Playgroup Birth to 6 years 9:30 - 11:30 am EarlyON Playgroup - Infant Birth to 12 months	EarlyON Playgroup Birth to 6 years 9:30 - 11:30 am Parent and Infant Relationship Clinic	EarlyON Playgroup Birth to 6 years 9:30 - 11:30 am EarlyON French Playgroup Birth to 6 years	Playgroup Shared Beginnings Birth to 6 years 9:30 - 11:30 am
An Infant Hearing Program is offered at Family Centre Fanshawe through the Elgin Audiology Consultants. You can have your child's hearing screened on site. To book an appointment please call (519) 637-1226	Just Beginnings Birth to 6 months Feb 5 - Feb 26 1:00 - 3:30 pm Introductory Guitar Lessons Grades 7-10 4:00 - 5:00 pm Parent & Child Cooking (Spectrum Program Code: 308592) 5 - 7 years 6:30 - 7:30 pm (6 weeks) Family Yoga (Spectrum Program Code: 308414) 6 - 9 years 5:30 - 6:30 pm (8 weeks)	Birth to 3 years 9:30 am - 1:30 pm WILD CHILD Outdoor Playgroup Cedarhollow Park All ages 10:00 am start	(you do not need to speak French) 2:00 - 4:00 pm Music, Movement and Make Believe (Spectrum Program Code: 307302) 3 - 4 years 5:30 - 6:00 pm (8 weeks) Dance Mix (Spectrum Program Code: 307369) 5 - 6 years 6:00 - 6:45 pm (8 weeks)	Visit the Family Centre reception for your connection to: Parenting & early learning, early childhood education, public health & wellness, recreation, sports & leisure, referrals, resources, information & awareness.



Program and Services Descriptions



Children's Programs

Playgroups - Merrymount EarlyON, London Children's Connection

Birth to 6 years

A variety of activities, stories, and songs for families to learn and grow together

French Playgroup - La Ribambelle

Birth to 6 years

French and English speaking activities and songs You do not have to speak French. Open to everyone

Shared Beginnings – LUSO Community Services

Birth to 6 years

A literacy-based playgroup for children and their parents/caregiver

Just Beginnings – London Children's Connection

Birth to 6 months

First time moms bring your baby to a supportive setting, share the 'ups' and 'downs' of being a mom Tuesdays, February 5 – February 26

Register at <u>www.EarlyONLondon.eventbrite.ca</u>

Stretch and Grow - London Children's

Connection

Birth to 6 months
Discover fun and simple physical activities for you and your baby
Thursday March 28

Register at www.EarlyONLondon.eventbrite.ca

WILD CHILD Outdoor Playgroup - Childreach

Cedarhollow Park, east end of Portrush Way & Killarney Road

All ages

Let us demystify the risks of outdoors, offering childled, inquiry-based opportunities for your children. Rain or shine. Bring a snack to enjoy. Everyone welcome!

Spectrum Programs offered at Fanshawe Family Centre

City of London

Programs start the week of January 14, 2019

Register at www.london.ca/spectrum, by telephone at (519) 661-5575, or in person at City of London Customer Service Location

Youth Programs

STAYED TUNED ... THURSDAY
BI-MONTHLY YOUTH NIGHTS
COMING TO FANSHAWE
FAMILY CENTRE

Exam Study Session – Craigwood Youth Services

Grades 9-12

Bring your own work, learn tips & strategies for studying

Thursday, January 17th 5:30-7:30 pm - Drop In

Introductory Guitar Lessons - Investing in

Children Grades 7-10

Tuesdays, January 22 – April 16 4:00-5:00 pm

Register at

http://investinginchildren.on.ca/guitarprogram

Families

Parent and Infant Relationship Clinic –PAIR Clinic

Drop In - Vanier Children's Services

Birth to 3 years

Support and consultation about your baby's emotional development.

January 16, 30, February 20, March 6, 20 9:30 - 1:30 pm.

Storytime

Join us at 10:00 am on the third Thursday of each month for storytime with the librarian from the London Public Library.

If you would like a library card, please bring identification. Book borrowing will be available. February 21st, March 21st, April 18th, May 16th.