



FAMILY CENTRE ARGYLE
 1990 Royal Crescent, London, Ontario N5V 1N8
 PHONE: 519-455-2791 FAX: 519-455-0185



September 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 CLOSED LABOUR DAY	4	5 TALK-IN Clinic 2:00-6:00pm LUSO Peer Group 3:30-5:00	6 Breastfeeding Drop-in 9:30-11:30am Baby Fun 1:30-2:30pm	7 ABC en Français- La Ribambelle 9:30-11:30am Just Beginning - 130—330pm	8
10	11 M.A.P.P. 9:30am to noon Singing Through the Years 10:00 to 11:00- Dearness Home - 710 Southdale Road East Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	12 Crusiers 10:00-11:00 TALK-IN Clinic 2:00-6:00pm LUSO Peer Group 3:30-5:00 Do You Speak Toddler 6:00-7:30	13 Breastfeeding Drop-in 9:30-11:30am French Baby Fun- La Ribambelle 1:30-2:30pm	14 Just Beginning - 130—330pm	15 Playroom Open 9:30-3:00 Open Sewing Studio-1:00-3:00
17	18 M.A.P.P. 9:30am to noon Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	19 Crusiers 10:00-11:00 TALK-IN Clinic 2:00-6:00pm LUSO Peer Group 3:30-5:00	20 Breastfeeding Drop-in 9:30-11:30am Baby Fun 1:30-2:30pm	21 ABC en Français- La Ribambelle 9:30-11:30 Just Beginning - 130—330pm	22 Playroom Open 9:30-3:00
24 SPECTRUM-Breakfast Club 6:00-7:30pm	25 M.A.P.P. 9:30am to noon Singing Through the Years 10:00 to 11:00- Dearness Home - 710 Southdale Road East Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	26 Crusiers 10:00-11:00 TALK-IN Clinic 2:00-6:00pm LUSO Peer Group 3:30-5:00	27 Breastfeeding Drop-in 9:30-11:30am Baby Fun 1:30-2:30pm	28 Just Beginning - 130—330pm	29 Playroom Open 9:30-3:00 Open Sewing Studio-1:00-3:00
Family Centre Argyle Hours					
Monday	9:00 - 5:00pm				
Tuesday	9:00 - 5:00pm				
Wednesday	9:00 - 6:00pm				
Thursday	9:00 - 5:00pm				
Friday	9:00 -12:00pm				

What's Happening...

Program Closure— The Family Centre will be closed on Monday, September 3rd for Labour Day.

Open Saturdays— Family Centre Argyle will be open on Saturdays from 9:30 to 3:00pm from September 15 to November 24th 2018.

EARLY YEARS PROGRAMS

Drop In Playgroups— A daily interactive play based program for children birth to 6 years of age, their parents and caregivers.

EarlyON Playroom Hours

Monday	9:30 - 12:30pm
Tuesday	9:30 - 4:30pm
Wednesday	9:30 - 4:30pm
Thursday	9:30 - 4:30pm
Friday	9:30 -12:00pm
Saturday	9:30 -3:00pm



Circle Time (Monday to Friday) at 11:30am.

Baby Fun- Informal discussions on child development and parenting strategies discussed each week, while learning songs and rhymes with baby.

ABC en Français with La Ribambelle A French play based program for all. French families: come discover how to integrate literacy in your everyday life! All other families: learn new French words and enjoy a French circle.

Community Drop-in Playgroups 9:30-11:30

Interactive play based programs for children, their parents and caregivers offered at various locations.

Monday Family Centre Fanshawe
1800 Cedarhollow Blvd.

Tuesday Family Centre Westminster
690 Osgoode Dr.

Wednesday Summerside Community Church
1447 Commissioners Rd. E

Thursday Family Centre Westminster
690 Osgoode Dr.

Friday Stronach Community Centre
1221 Sandford St.

Singing Through the Years- An Intergenerational Music Celebration— The 2nd and 4th Tuesday of the month. *Held at the Dearness Home, 710 Southdale Road.*

SCHOOL AGE PROGRAMS

"TALK-IN" CLINICS- by Craigwood Youth Services

For youth 12-18 and/or their families concerned about substance abuse, bullying, anxiety, depression and general well-being. Private and confidential. No charge.

SPECTRUM Breakfast Club (age 8-12 years)

If you want to learn how to make more than cereal for breakfast, this course is for you! Try out a variety of breakfast recipes that might include omelettes, French toast, smoothies & pancakes. **Registration opens August 20th through the City of London's SPECTRUM programs.**

PARENT PROGRAMS

Smart Beginnings-For parents that have just completed the Smart Start for Babies prenatal program, this program supports parents as they adjust to life with a new baby. To find out if this program is right for you call 519-455-2791.

NEW Open Sewing Studio with Toni Smith- Want to sew with others in a social setting? Bring your own sewing machine or borrow one of Toni's. Toni will have fabric, sewing kits and thread you can purchase or you can bring a project you are working on. Ages 14+

**Children 8-13 are welcome to attend with a supervising adult. (one machine per pair)*

M.A.P.P. - Mutual Aid Parenting Program- A Drop-in program providing support for parents of children of all ages.

OTHER SERVICES AVAILABLE

Smart Start for Babies— For more information and to register, please call 519-646-2961.

tykeTALK- Available by appointment only. For more information call **519-663-0273**.

Infant Hearing Screening Program— Available by appointment only. For more information call **519-663-5317 ext. 2703**

REGISTERED WORKSHOPS

Register on line at www.OEYCLondon.eventbrite.com

Just Beginning A program for first time moms with a baby 0-6 months of age. Bring baby to a relaxed and supportive setting, met other new moms, ask questions and share the 'ups' and 'downs' of being a new mom. Talk about babies, how they grow, learn and play. Topics include growth and development, sleep and crying, infant nutrition, safety and community resources.

Cruisers An interactive program for families with mobile toddlers up to 20 months. Join us for an informal discussion on this exciting developmental stage. Songs, rhymes and finger plays included all while the children are free to do what cruisers do best...move!

Do You Speak Toddler Communication between adults and toddlers can be challenging. Together we will learn some positive communication strategies. **Registration opens August 20th through the City of London's SPECTRUM programs. Barcode 308546**

Family Centre Argyle
your neighbourhood connection



PLEASE REMEMBER...NO SCENTS MAKES GOOD SENSE!



For more information on what's happening at Family Centre Argyle and in the Argyle neighbourhood, check out our **Family Centre Argyle** Facebook page.