



April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 CLOSED EASTER MONDAY	3 M.A.P.P. 9:30-12:00am Smart Beginnings 1:30-3:00pm	4 Cruisers 10:00 to 11:00 am TALK-IN Clinic 2:00-6:00pm	5 Breastfeeding Drop-in 9:00—11:00am Breastfeeding Peer Support 12:00-1:00 Baby Fun 1:30-2:30pm	6 ABC en Français- La Ribambelle 9:30-11:30
9	10 M.A.P.P. 9:30-12:00am Singing Through the Years 10:00-11:00 Dearness Home -710 Southdale Road East Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	11 Cruisers 10:00-11:00 am Food Families 1:00 -3:00pm TALK-IN Clinic 2:00-6:00pm	12 Breastfeeding Drop-in 9:00-11:00am Breastfeeding Peer Support 12:00-1:00pm French Baby Fun with La Ribambelle 1:30-2:30pm	13
16 Toddler Music & Movement 10:00 to 11:00 Breastfeeding Peer Support 6:30-7:30	17 M.A.P.P. 9:30-12:00 Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	18 Cruisers 10:00 to 11:00 am Food Families 1:00 -3:00pm TALK-IN Clinic 2:00-6:00pm	19 Breastfeeding Drop-in 9:00—11:00am Breastfeeding Peer Support 12:00-1:00 Baby Fun 1:30-2:30pm	20 ABC en Français- La Ribambelle 9:30-11:30
23 Toddler Music & Movement 10:00 to 11:00	24 M.A.P.P. 9:30-12:00am Singing Through the Years 10:00-11:00 Dearness Home -710 Southdale Road East Smart Beginnings 1:30-3:00pm Smart Start 6:00 to 7:30pm	25 Cruisers 10:00 to 11:00 am TALK-IN Clinic 2:00-6:00pm	26 Breastfeeding Drop-in 9:00—11:00am Breastfeeding Peer Support 12:00-1:00 Baby Fun 1:30-2:30pm	27
30				Family Centre Argyle Hours Monday 9:00 - 5:00pm Tuesday 9:00 - 5:00pm Wednesday 9:00 - 6:00pm Thursday 9:00 - 5:00pm Friday 9:00 -12:00pm

What's Happening...

Program Closures– All programs will be closed on Monday, April 2 for Easter Monday.

New Food Families Program—Starting April 11th

We are looking for 12 participants who live in the Argyle neighbourhood and are interested in learning how to:

- ✓ Increase your families buying power
- ✓ Increase your knowledge, skills and confidence around food
- ✓ Increase your families connections within the Argyle neighbourhood
- ✓ Decrease your families time and cost around food purchasing and preparation

New Community Play Group- Our new Community Drop-in Playgroup be offered at Family Centre Fanshawe will begin on Monday, April 9th. Located at 1800 Cedarhollow Blvd. we will be there Monday's from 9:30-11:30am.

EARLY YEARS PROGRAMS

Drop In Playgroups– A daily interactive play based program for children birth to 6 years of age, their parents and caregivers.

Early ON Playroom Hours

Monday	12:00 - 4:30pm
Tuesday	9:30 - 4:30pm
Wednesday	9:30 - 4:30pm
Thursday	9:30 - 4:30pm
Friday	9:30 -12:00pm



Circle Time (Tuesday to Friday) at 11:30am.

Baby Fun- Informal discussions on child development and parenting strategies discussed each week, while learning songs and rhymes with baby.

ABC en Français with La Ribambelle A French play based program for all. French families: come discover how to integrate literacy in your everyday life! All other families: learn new French words and enjoy a French circle.

Community Drop-in Playgroups 9:30-11:30

Interactive play based programs for children, their parents and caregivers that are offered at various locations.

Monday Family Centre Fanshawe
1800 Cedarhollow Blvd.

Tuesday Family Centre Westminster
690 Osgoode Dr.

Wednesday Summerside Community Church
1447 Commissioners Rd. E

Thursday Family Centre Westminster
690 Osgoode Dr.

Friday Stronach Community Centre
1221 Sandford St.

Singing Through the Years- An Intergenerational Music Celebration– The 2nd and 4th Tuesday of the month. *Held at the Dearness Home, 710 Southdale Road.*

SCHOOL AGE PROGRAMS

"TALK-IN" CLINICS- by Craigwood Youth Services

For youth 12-18 and/or their families concerned about substance abuse, bullying, anxiety, depression and general well-being. Private and confidential. No charge.

PARENT PROGRAMS

M.A.P.P. - Mutual Aid Parenting Program- A Drop-in program providing support for parents of children of all ages.

Smart Beginnings-For parents that have just completed the Smart Start for Babies prenatal program, this program

supports parents as they adjust to life with a new baby. To find out if this program is right for you call 519-455-2791.

Breast Feeding Peer Support Group-A safe place for all breastfeeding women to connect with other moms. Facilitated by a Public Health Nurse.

OTHER SERVICES AVAILABLE

Smart Start for Babies– For more information and to register, please call **519-646-2961**.

tykeTALK- Available by appointment only. For more information call **519-663-0273**.

Infant Hearing Screening Program– Available by appointment only. For more information call **519-663-5317 ext. 2703**

REGISTERED WORKSHOPS

Register on line at www.OEYCLondon.eventbrite.com

Cruisers An interactive program for families with mobile toddlers up to 20 months. Join us for an informal discussion on this exciting developmental stage. Songs, rhymes and finger plays included all while the children are free to do what cruisers do best...move!

Food Families A 6 session skill building program in which a group of local families come together to shop, cook, learn, grow, save, and celebrate food! Increase your families buying power. Share your knowledge and learn new skills from other participants. Register on line at www.familycentreatargyle.eventbrite.com

Toddler Music & Movement Have fun and use your imagination as you and your toddler get active together. Move to music and engage in fun activities while practicing basic gross moto skills like skipping, hopping and marching.

Family Centre Argyle
your neighbourhood connection



PLEASE REMEMBER...NO SCENTS MAKES GOOD SENSE!



For more information on what's happening at Family Centre Argyle and in the Argyle neighbourhood, check out our **Family Centre Argyle** Facebook page.