



FAMILY CENTRE ARGYLE
 1990 Royal Crescent, London, Ontario N5Y 1N8
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August 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Family Centre Argyle Hours Monday 9:00 - 5:00pm Tuesday 9:00 - 6:00pm Wednesday 9:00 - 6:00pm Thursday 9:00 - 5:00pm Friday 9:00 - 12:30pm	1 Drop Zone 9:30 to 4:30	2 Drop Zone 9:30 to 4:30 TALK-IN Clinic 2:00 to 6:00	3 Breastfeeding Drop-in 9:00 to 11:00 Drop Zone 9:30 to 4:30 Breastfeeding Peer Support 12:00-1:00	4 Funky Things for Your Room 10:00-11:00
7 Centre Closed Civic Holiday 	8 Drop Zone 9:30 to 4:30 Smart Start 6:00 to 7:30pm	9 Drop Zone 9:30 to 4:30 TALK-IN Clinic 2:00 to 6:00 All About Bugs 1:30 to 3:30	10 Breastfeeding Drop-in 9:00 to 11:00 Drop Zone 9:30 to 4:30 Breastfeeding Peer Support 12:00-1:00	11 Funky Things for Your Room 10:00-11:00
14	15 Drop Zone 9:30 to 4:30 Smart Start 6:00 to 7:30pm	16 Drop Zone 9:30 to 4:30 TALK-IN Clinic 2:00 to 6:00	17 Breastfeeding Drop-in 9:00 to 11:00 Drop Zone 9:30 to 4:30 Breastfeeding Peer Support 12:00 to 1:00	18 Funky Things for Your Room 10:00-11:00
21 Family Drop-in 4:30 to 7:00pm Evening Breastfeeding Peer Support 6:30 to 7:30pm	22 Drop Zone 9:30 to 4:30 Smart Start 6:00 to 7:30pm	23 Drop Zone 9:30 to 4:30 iCook 9:30 to 11:30 TALK-IN Clinic 2:00 to 6:00	24 Breastfeeding Drop-in 9:00 to 11:00 Drop Zone 9:30 to 4:30 Breastfeeding Peer Support 12:00-1:00	25 Funky Things for Your Room 10:00-11:00
28	29	30	31 Critter Contributions 9:30 to 11:30	

What's Happening...



Civic Holiday Closure The Family Centre will be closed Monday –August 7.

Family Drop-in- Monday, August 21st 5:00 to 7:00pm

Come in for a variety of games and activities the whole family will enjoy.

Ask about “Herb” our Hydroponic Tower Garden, the next time you stop into the Family Centre and you may get to take home some very fresh basil, a tomato plant or salad greens.

Summer Family Garden Workshops

The London Children’s Museum and the TVDSB Environmental Education Department have teamed up for the summer to provide **FREE** garden workshops to families in our community. To register or for more information email: nicolel@londonchildrensmuseum.ca

All About Bugs

Find out how important all critters are for our ecosystem and help us build a bug hotel in the school garden. Make a tiny bug hotel to take home for your own garden.

Wednesday, August 9

1:30-3:30pm

Critter Contribution Learn about birds and squirrels and see if we can spot any through our binoculars! We'll make a critter contribution, something we can leave in the school garden or take home, which will help birds and squirrels build their nests.

Thursday, August 31

9:30–11:30am

EARLY YEARS PROGRAMS

Drop In Playgroups– An interactive play based program for children birth to 6 years of age and their parents and caregivers that runs daily.

OEYC Playroom Hours

Monday	12:00 - 4:30pm
Tuesday	9:30 - 4:30pm
Wednesday	9:30 - 4:30pm
Thursday	9:30 - 4:30pm
Friday	9:30 -12:30pm



Circle Time Daily at 11:15am Circle time is a great way to help children with language, math and social development. Join us daily for songs, finger plays and stories.

Community Drop-in Playgroups 9:30-11:30 Interactive play based programs for children, their parents and caregivers that are offered at various locations throughout the OEYC London-Fanshawe area.

Thursday Family Centre Westminster
690 Osgoode Dr.

SCHOOL AGE PROGRAMS

Funky Things for Your Room A 4 week, hands-on workshop for children 6-12 years of age. Be creative and show your own personal style as you create and design “funky things for your room” .

Register at www.FamilyCentreArgyle.eventbrite.com

Family Drop-In An interactive play based program with games, crafts and activities for older children that the whole family can enjoy.

Drop Zone A drop in program for parents/caregivers and their older children. Geared for children 6-12 years of age we will have a variety crafts, games and activities that older children will enjoy.

“TALK-IN” CLINICS- by Craigwood Youth Services

For youth 12-18 and/or their families concerned about substance abuse, bullying, anxiety, depression and general well-being. Private and confidential. No charge.

PARENT PROGRAMS

Infant Growth/Development & Breastfeeding Drop-ins Speak with a Public Health Nurse about your infant (0-6 months old). Drop-ins are free and no appointment is required.

Breast Feeding Peer Support Group A safe place for all breastfeeding women to connect with other moms. Facilitated by a Public Health Nurse.

REGISTERED WORKSHOP

Register on line at www.OEYCLondon.eventbrite.com

iCook

This month we will be learning to make dips for vegetables and homemade pita chips. Adult class only.

Wednesday, August 23

9:30 to 11:30 am

Family Centre Argyle
your neighbourhood connection



PLEASE REMEMBER...NO SCENTS MAKES GOOD SENSE!



For more information on what's happening at Family Centre Argyle and in the Argyle neighbourhood, check out our **Family Centre Argyle** Facebook page.